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H | K Hong Kong Physiotherapy Concern
P | C 香港物理治療關注組



香港都會大學
護理及健康學院
Hong Kong Metropolitan University
School of Nursing and Health Sciences

物理治療學系
Department of Physiotherapy

CAREER TALK 2025

This event is specifically tailored for physiotherapists and physiotherapy students eager to elevate their career prospects.

We warmly invite you to join us!

Date 9th Feb 2025 (Sun) 14:30-17:30

Mode Hybrid (Face-to-face: FO201, IOH, MU)

For HKPA and HKPC members ONLY

(Welcome both physiotherapists and physiotherapy students)

Class capacity: 350 (face-to-face) + 100 (Zoom)

CPD points: pending

Language: Cantonese



Application Deadline:
2nd Feb 2025

<https://forms.gle/YAyg62grgNVfT8iPA>

GUEST SPEAKERS

(in order of presentation)



DR. DORIS CHONG
(Academic)



MR. SAM WAN
(HA)



MR. MATTHEW LAU
(NGO)



MR. JACK LEE
(Private)

FOR ANY ENQUIRIES: MS SARA POON
VIA SARAPKWSARAPKW@GMAIL.COM
AND CC TO HKPC.INFO@GMAIL.COM

Event Rundown

14:00-14:30 REGISTRATION

14:30-14:45 OPENING

14:45-16:25 SPEAKERS' SHARING (IN ORDER OF PRESENTATION):

DR. DORIS CHONG, MR. SAM WAN,
MR. MATTHEW LAU, MR. JACK LEE

16:35-17:30 DISCUSSION

SPEAKERS PROFILE

(in order of presentation)



DR. DORIS CHONG
(Academic)

Dr. Doris CHONG is currently the Head of the Physiotherapy Department in the School of Nursing and Health Sciences at Hong Kong Metropolitan University. Before joining HKMU, she served in various academic and clinical positions both locally and overseas for over 20 years. Academically, she is dedicated to the Scholarship of Teaching and Learning, as evidenced by her work in authentic assessment, gamification, and interprofessional education. Dr. CHONG is deeply committed to using assessment as a tool to enhance learning, both in traditional classroom settings and in clinical education environments.

Clinically, she has been a Board-Certified Neurologic Clinical Specialist, awarded by the American Board of Physical Therapy since 2008, underscoring her commitment to excellence in the field of neurological physiotherapy. She has worked in nearly the full spectrum of clinical services, from acute care to community care, in the U.S.A. and Hong Kong. Her rich experience makes her well-versed in the diverse market needs of physiotherapists. Her global perspective and practical experience in various healthcare settings equip her with a unique understanding of the evolving demands and opportunities within the profession.



MR. SAM WAN
(HA)

Mr. Sam WAN was graduated from the Hong Kong Polytechnic University (PolyU) in 2009 and completed the MSc in Manipulative Physiotherapy in the PolyU in 2013. He also completed the Hospital Authority Executive Leadership Program (HAELP) in 2023.

Currently he is the Deputy Clinical Stream Coordinator (Allied Health) in the New Territories West Cluster (NTWC) and the Senior Physiotherapist in the Tuen Mun Hospital (TMH). In addition, he is the convener of the IT Subcommittee under Coordinating Committee-Grade (Physiotherapy) to coordinate and facilitate the IT development to support clinical services in physiotherapy across different clusters. Moreover, he is the convener of the NTWC Safety Audit Working Group to coordinate the safety inspection in various departments and promote occupational safety and health in the NTWC.

Apart from the duties in the Hospital Authority, Mr. Sam WAN has been serving in the Hong Kong Physiotherapy Association (HKPA) as the executive committee member since 2013 and he is currently the Honorary Secretary of HKPA. In Jul 2023, he was nominated by HKPA and he is now the regular member in the Preliminary Investigation Committee under Physiotherapists Board.

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APPLY NOW!

SPEAKERS PROFILE

(in order of presentation)



MR. MATTHEW LAU
(NGO)

Mr. LAU Sheung Wa Matthew is a distinguished physiotherapist with a strong academic and professional background. He graduated from the Hong Kong Polytechnic University in 1993 with a Professional Diploma in Physiotherapy and later earned a Master of Science in Health Care (Physiotherapy) in 2010.

Mr. LAU began his career at the Tung Wah Group of Hospitals (TWGHs), working as a Physiotherapist I at the Jockey Club Rehabilitation Complex from 1997 until 2021. In 2021, he advanced to the position of Senior Physiotherapist, serving at both the District Rehabilitation Officer for KLNE and the Wong Cho Tung Care and Attention Home.

In addition to his clinical roles, Mr. LAU has been actively involved in education, serving as a Clinical Educator for the Physiotherapy courses at both the Hong Kong Polytechnic University since 2000 and Tung Wah College since 2023. His dedication to the profession is further exemplified by his role as Chairman of the Central Committee of Physiotherapy Service at TWGHs, a position he assumes in April 2024. Furthermore, he contributes to the academic community as a committee member of the Programme Advisory Panel for the Bachelor of Science (Honours) in Physiotherapy at Tung Wah College since 2023.



MR. JACK LEE
(Private)

A private physiotherapist who barely survives the impact of Covid.
A middle-aged man who is trying his best to strike a balance between personal interests, family, and work.
A manual therapy nerd who loves to investigate the best practices for musculoskeletal pain conditions.

Initially starting with zero client base, Jack spent a total of nine months filling up his schedule through word of mouth.

Followed by the impact of social movements and Covid, Jack experienced a drop of 70% in revenue and had to discontinue his pursuit of a master's degree. He also suffered from two 'heart attack' episodes, which turned out to be gastric reflux during this time.

Where there is life, there is hope.
Difficult periods make us grow.

There are a few important lessons.
A supportive wife makes the husband invincible.
Good study buddies grow together and significantly faster.
We can't cure everyone; you need to meet good TCMs, therapists, and other medical professionals with great talent to refer out.

Jack hopes his sharing can give you insight to shape your physiotherapy journey.

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