



HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

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ADDRESS : Room 901, 9th Floor, Rightful Centre,
12 Tak Hing Street, Jordan, Kowloon, HKSAR

WEBSITE : <http://www.hongkongpa.com.hk>



A MEMBER ORGANISATION OF
WORLD PHYSIOTHERAPY



A MEMBER ORGANISATION OF
WORLD PHYSIOTHERAPY ASIA
WESTERN PACIFIC REGION



A MEMBER ORGANISATION OF
ASIAN CONFEDERATION FOR
PHYSICAL THERAPY (ACPT)



A MEMBER ORGANISATION OF
INTERNATIONAL
ACUPUNCTURE ASSOCIATION
OF PHYSICAL THERAPISTS
(IAAPT)



A MEMBER ORGANISATION
OF INTERNATIONAL
FEDERATION OF ORTHOPAEDIC
MANIPULATIVE PHYSICAL
THERAPISTS (IFOMPT)



A MEMBER ORGANISATION OF
INTERNATIONAL FEDERATION
OF SPORTS PHYSICAL THERAPY
(IFSPT)



A MEMBER ORGANISATION OF
INTERNATIONAL ORGANISATION
OF PHYSICAL THERAPISTS IN
PAEDIATRICS (IOPTP)



A MEMBER ORGANIZATION
OF INTERNATIONAL
CONFEDERATION OF
CARDIORESPIRATORY PHYSICAL
THERAPISTS (ICCRPT)



A MEMBER ORGANIZATION OF
INTERNATIONAL SOCIETY FOR
ELECTROPHYSICAL AGENTS IN
PHYSICAL THERAPY (ISEAPT)



A MEMBER ORGANISATION OF
INTERNATIONAL ORGANIZATION
OF PHYSICAL THERAPISTS IN
PELVIC AND WOMEN'S HEALTH
(IOPTPWH)



AN ASSOCIATE MEMBER OF
THE FEDERATION OF MEDICAL
SOCIETIES OF HONG KONG



A MEMBER ORGANISATION OF
THE HONG KONG COUNCIL OF
SOCIAL SERVICE



A MEMBER ORGANISATION OF
HONG KONG JOINT COUNCIL
FOR PEOPLE WITH
DISABILITIES



A MEMBER ORGANISATION OF
HONG KONG ASSOCIATION OF
GERONTOLOGY



A MEMBER ORGANISATION OF
COMMUNITY REHABILITATION
NETWORK OF
THE HONG KONG SOCIETY FOR
REHABILITATION



A MEMBER ORGANISATION OF
INTERNATIONAL ORGANISATION
OF AQUATIC PHYSICAL
THERAPISTS (IOAPT)



A MEMBER ORGANIZATION OF
INTERNATIONAL ASSOCIATION
OF PHYSIOTHERAPISTS
WORKING WITH OLDER PEOPLE
(IPTOP)

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Dr. Anthony W.L. KWOK

Office Bearers (2023-2024)

Honorary Auditor : Dr. Patrick L.T. WONG J.P.

Honorary Legal Advisor : Mr. Bronco M.T. BUT

Executive Committee Members of Hong Kong Physiotherapy Association (2023-2024)

President	: Prof. Marco Y.C. PANG
Vice-President	: Mr. Raymond C.C. TSANG
Honorary Secretary	: Mr. Sam S. WAN
Associate Secretary	: Ms. Charis G. PANG
Honorary Treasurer	: Ms. Anna Bella M.Y. SUEN
Associate Treasurer	: Mr. Jeffrey C.H. MAN
Chairperson of Membership Subcommittee	: Dr. Freddy M.H. LAM
Members of Membership Subcommittee	: Dr. Anthony W.L. KWOK
	: Mr. Gorman C.W. NGAI
	: Ms. Eva Y.W. CHAN
	: Mr. Aiden C.F. MA
Chairperson of Professional Development Subcommittee	: Ms. Horsanna P.Y. CHIU
Members of Professional Development Subcommittee	: Mr. Francis K.T. CHAN
	: Ms. Joan H.T. IP
Chairperson of International Affairs and Publications Subcommittee	: Dr. Shirley P.C. NGAI
Members of International Affairs and Publications Subcommittee	: Dr. Arnold Y.L. WONG
	: Dr. Ivan Y.W. SU
Chairperson of Promotion and Public Relations Subcommittee	: Mr. Alexander C.H. WOO
Members of Promotion and Public Relations Subcommittee	: Ms. Aggie Y.K. SIU
	: Mr. Will H.W. WONG

ANNUAL REPORT OF PRESIDENT 2023-2024

Mr. Alexander C.H. WOO

This annual report provides a summary of the HKPA activities that took place between Apr 2023 and Mar 2024.

Executive Summary

With the lifting of social distancing measures in early 2023, more face-to-face activities have been conducted.

The year of 2023 marks the 60th Anniversary of the HKPA. After the Launching Ceremony in Jan 2023, HKPA continued to host monthly public lectures and the 60th Anniversary Conference from 23 to 25 Jun 2023.

Building on the momentum of our anniversary, HKPA has achieved several significant milestones, as highlighted below:

- HKPA has transitioned to a **paperless** system for membership registration and our news bulletin.
- After years of dedicated effort, Hong Kong Physiotherapy Journal has now received its **first journal impact factor** this year at 1.5!
- In Nov 2023, HKPA has successfully established a partnership with Medical Protection Society (MPS). All life members of HKPA can enjoy a **15% discount of MPS membership fee**.
- The **Private Practice Working Group (PPWG)** has been established to unite physiotherapists who are passionate about private practice.
- Promotional videos were produced for each HKPA Specialty Group (SG) or Working Group (WG)
- An **Online Acupuncture Accreditation System** has been launched in our official website with effect from 1 Jan 2024.
- An **e-membership card** was launched on 20 Mar 2024.

I am pleased to report that the membership continued to increase over the past year, which exceeded our previous record. The Finance Report also showed a healthy asset over the past financial year.

I would like to thank Mr. Patrick L. T. WONG as our Honorary Auditor, and Mr. Bronco BUT as our Honorary Legal Advisor for their contribution to our Association. I would also like to acknowledge the tremendous hard work of all Executive Committee members of HKPA and also the Chairpersons and Executive Committee members of the Specialty Groups. Their efforts have truly made HKPA a stronger and cohesive physiotherapy community.

Executive Committee Members Updates

After the first electronic election in Dec 2023, a new cohort of elected executive committee members is listed as the following:

Post	Name	Term of Office
President	Prof. PANG Yiu Chung, Marco	1 Jan 2024 – 31 Dec 2027
Vice-President	Mr. TSANG Chi Chung, Raymon	1 Jan 2024 – 31 Dec 2025
Elected Executive Committee Members	Mr. WOO Chuen Hau Alexander	1 Jan 2024 – 31 Dec 2025
	Dr. NGAI Pui Ching, Shirley	1 Jan 2024 – 31 Dec 2025
	Dr. WONG Yu Lok, Arnold	1 Jan 2024 – 31 Dec 2025
	Dr. KWOK Wai Leung, Anthony	1 Jan 2024 – 31 Dec 2025
	Dr. LAM Man Hin, Freddy	1 Jan 2024 – 31 Dec 2025
	Ms. SUEN Mei Yee, Anna Bella	1 Jan 2024 – 31 Dec 2027
	Mr. NGAI Chi Wing, Gorman	1 Jan 2024 – 31 Dec 2027
	Mr. WAN Sung, Sam	1 Jan 2024 – 31 Dec 2027
	Ms. CHIU Pik Yin, Horsanna	1 Jan 2024 – 31 Dec 2027
	Mr. CHAN Kin Tung, Francis	1 Jan 2024 – 31 Dec 2027

The following executive members have been co-opted.

Post	Name	Term of Office
Co-opted Executive Committee Members	Ms. CHAN Yee Wa, Eva	1 Jan 2024 – 31 Dec 2027
	Ms. IP Hiu Tung, Joan	1 Jan 2024 – 31 Dec 2027
	Mr. MA Chin Fung, Aiden	1 Jan 2024 – 31 Dec 2027
	Mr. MAN Chun Hei, Jeffrey	1 Jan 2024 – 31 Dec 2027
	Ms. PANG Charis Garland	1 Jan 2024 – 31 Dec 2027
	Ms. SIU Yuet Kwan, Aggie	1 Jan 2024 – 31 Dec 2027
	Dr. SU Yuen Wan, Ivan	1 Jan 2024 – 31 Dec 2027
	Mr. WONG Hin Wai, Will	1 Jan 2024 – 31 Dec 2027

Executive Committee Meetings

The Executive Committee held a total of 3 meetings during the report period (21 Dec 2023, 11 Jan 2024 and 24 Feb 2024).

Signature Events

Date	Event	Speakers
23 to 25 Jun 2023	HKPA 60 th Anniversary Conference, Pre-conference Workshop and Post-conference Workshop	Dr. Terry ELLIS, Prof. Chris MAHER, Dr. Amanda PIPER
17 Nov 2023	Partnership with Medical Protection Society (MPS)	
17 Nov 2023	Establishment of Private Practice Working Group	
2 Dec 2023	Glocalisation of the WHO's ICF in Clinical Practice: Worldwide Experience Sharing	Prof. Gerold STUCKI, Dr. Matilde LEONARDI, Prof. Reuben ESCORPIZO, Prof. Tiebin YAN, Prof. LIOU Tsan Hon Peter, Dr. SU Yuen Wang Ivan
1 Mar 2024	Seminar on “The Opportunity, Rewards and Challenges as a Sports Physiotherapist” cum PolyU SPEED & HKPA Memorandum of Understanding Signing Ceremony	Mr. Raymond TSANG, Prof. Marco PANG, Ms. Anna Bella SUEN, Mr. Alex HO, Prof. Amy FU, Mr. Howard FONG

Member Engagement

Date	Event /Activity
4 Nov 2023	HKPA 60 th Anniversary Gala Dinner
21 Dec 2023	Annual General Meeting 2023
24 Feb 2024	HKPA Spring Dinner

Representations in International Institutions/Organizations

International Institutions/Organizations	HKPA Representative
Asia Western Pacific Region, World Physiotherapy	Prof. Marco PANG (Chair)
International Confederation of Cardiorespiratory Physiotherapists	Dr. Shirley NGAI (President)
International Acupuncture Association of Physiotherapy, World Physiotherapy	Mr. Kerry FUNG (Chair)
International Society for Electrophysical Agents in Physiotherapy	Mr. Alexander WOO (Executive Member)
International Organisation of Aquatic Physical Therapists	Dr. Billy SO (Secretary)
World Physiotherapy Congress Programme Committee 2025	Dr. Shirley NGAI (Programme Committee Member)

Representations in Other Local Institutions/Organizations

Local Institutions/Organizations	HKPA Representative
Preliminary Investigation Committee of the Physiotherapists Board Hong Kong	Mr. Sam WAN Mr. Will WONG
Council, Federation of Medical Societies of Hong Kong	Dr. Arnold WONG
Allied Health Special Group Consultative Committee, Hospital Authority	Ms. Horsanna CHIU Mr. Connie TO
香港老年學會安老服務業「過往資歷認可」機制 - 試題制定委員會委員	Mr. Francis CHAN
Exercise is Medicine (EIM) (HK) Advisory Board	Mr. Eyckle WONG, Ms. Aggie KWAN, Prof. Marco PANG
Departmental Master Entry-level Programme Committee, Department of Rehabilitation Sciences, Hong Kong Polytechnic University	Mr. Francis CHAN
Expert Panel of Reference Framework for Common Musculoskeletal Problems in Primary Care Setting, Food & Health Bureau	Dr. Arnold WONG
Expert Panel of Reference Framework for Preventive Care in Children and Elderly, Food & Health Bureau	Dr. Arnold WONG
Departmental Advisory Committee, Department of Rehabilitation Sciences, PolyU.	Mr. Alexander WOO
Care for Your Heart	Prof. Marco PANG (Honorary Advisor)
香港衛生服務界慶祝國慶籌委會執行委員會	Mr. Alexander WOO
Program Advisory Committee, BSc (Hons) in Physiotherapy Program, Tung Wah College	Mr. Will WONG
Joint Conference of Hong Kong Health Care Professional Organizations	Dr. Arnold WONG (Vice-Convener) Mr. Alexander WOO Dr. Shirley NGAI

Advisory Peer Group, School of Nursing and Health Studies, Hong Kong Metropolitan University	Mr. Sam WAN
Kwai Tsing District Health Centre Management Committee, Food and Health Bureau	Dr. Ivan SU
Hong Kong Joint Council for People with Disabilities	Mr. Alexander WOO
Expert Group on Innovation and Technology Fund for Application in Elderly and Rehabilitation Care	Prof. Marco PANG
Assessment Panel, Gerontechnology Platform	Prof. Marco PANG
Working Group on Implementation of Modified Referral System for Physiotherapy Services	Mr. Alexander WOO
Trailwalker Logistics Committee	Mr. Alex HO
Caritas Institute of Higher Education School of Health Sciences Advisory Committee	Ms. Horsanna CHIU
Inquiry Panel, The Hong Kong Institute of Clinical Psychologists	Dr. Anthony KWOK
Assessment Panel, Social Workers Registration Board	Dr. Ivan SU
Kowloon and New Territories South District health Centre Governing Committee, Primary Healthcare Office, Food and Health Bureau	Dr. Ivan SU
Advisory Committee on Primary Care Directory, Primary Healthcare Office, Food and Health Bureau	Dr. Ivan SU
Curriculum Review Team of Occupational Therapy and Physiotherapy Programmes, Department of Rehabilitation Sciences, The Hong Kong Polytechnic University	Dr. Ivan SU
Preparatory Sub-committee on Occupational Therapists Sub-directories of Primary Care Directory, Primary Healthcare Office, Food and Health Bureau	Dr. Ivan SU
Expert Panel on Competence Framework of Case Management Practitioner Training, Elderly Service, The Hong Kong Council of Social Service	Ms. Tiffany CHOW

HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED**香港物理治療學會有限公司**

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

**STATEMENT OF COMPREHENSIVE INCOME
YEAR ENDED 31 MARCH 2024**

	<u>Note</u>	<u>2024</u> \$	<u>2023</u> \$
Income			
Activity income		612,912	110,435
Advertising income		18,800	66,620
Bank interest income		29,868	3,312
Conference income		1,414,249	434,500
Exchange gain		5	-
Honorarium received		52,500	15,625
Subscription fee received		3,462,283	739,822
Sundry income		2,905	22,700
Training courses held		659,649	1,201,244
		-----	-----
		6,253,171	2,594,258
Expenditure			
Accountancy fee		24,000	12,000
Activity expenses		431,969	127,886
Bank charges and interest		12,476	4,153
Building management fee		24,831	24,117
BR fee		5,650	-
Conference expense		1,312,253	690,363
Course expense		43,205	609,980
Donation		-	600
Depreciation		71,189	74,502
Design fee		4,800	49,027
Electricity		9,229	2,399
Government rent and rates		9,700	1,550
Honorarium		257,915	1,375
HKPA Journal Open Access		165,934	165,934
Insurance		28,240	6,518
Journal subscription fee		4,372	5,409
Legal and professional fee		7,300	126,055
Membership fee		48,417	43,809
Postage, stamps, printing and stationery		47,881	45,011
Repair and maintenance		-	7,800
Student awards		28,800	25,300
Sundries		415	52,089
Telephone and internet		23,780	8,565
Website		81,129	126,257
		-----	-----
		(2,643,485)	(2,210,699)
Surplus before tax		-----	-----
		3,609,686	383,559
Income tax expense		-	-
		-----	-----
Surplus and total comprehensive income for the year		<u><u>3,609,686</u></u>	<u><u>383,559</u></u>

HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

香港物理治療學會有限公司

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF FINANCIAL POSITION AT 31 MARCH 2024

	Notes	2024 \$	2023 \$
Non-current asset			
Property and equipment	5	1,922,087	1,993,276
Current assets			
Utility deposits		5,900	5,900
Other receivable		96,700	96,700
Cash and cash equivalents	6	8,818,431	5,137,556
		8,921,031	5,240,156
Deduct:-			
Current liabilities			
Accrued charges		24,000	24,000
Receipts in advance		57,000	57,000
Tax payable		21,534	21,534
		102,534	102,534
Net current assets		8,818,497	5,137,622
Net assets		10,740,584	7,130,898
Representing: -			
Funds			
Mrs. E Wong Fund		150,945	150,945
General Fund		10,589,639	6,979,953
		10,740,584	7,130,898

STATEMENT OF CHANGES IN FUNDS YEAR ENDED 31 MARCH 2024

	General Fund \$	Mrs. E Wong Fund \$	Total \$
Balance at 31/03/2022	6,596,394	150,945	6,747,339
Surplus for the year	383,559	-	383,559
Balance at 31/03/2023	6,979,953	150,945	7,130,898
Surplus for the year	3,609,686	-	3,609,686
Balance at 31/03/2024	10,589,639	150,945	10,740,584

APPROVED BY THE EXECUTIVE COMMITTEE:-

Alexander

WOO Chuen Hau Alexander
President

Anna Bella

SUEN Mei Yee Anna Bella
Treasurer

ANNUAL REPORT OF MEMBERSHIP SUBCOMMITTEE 2023-2024

Dr. Freddy M.H. LAM

Membership Counts

Table 1: HKPA Membership (2016 – 2024)

Year	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Total	946	1062	1285	1234	1231	1708	2164	2910 (31 Mar 2024)

Table 2: Membership Types

Type	
1. Life Membership	1410
2. Full Membership	553
3. Student Membership	945
4. Associate Membership	2
Total	2910

Table 3: Number of Specialty Groups/Working Groups Members on 31 Mar 2024

Specialty Groups (SG)	1- or 2-year membership	Life membership	Total
Acupuncture and Integrative Medicine (AIMSG)	20	29	49
Aquatic Physiotherapy (APTSG)	9	7	16
Cardiopulmonary (CPSG)	11	11	22
Geriatrics (GSG)	19	25	44
Hand Therapy (HTSG)	20	10	30
Manipulative Therapy (MTSG Full)	9	33	42
Manipulative Therapy (MTSG Associate)	5	13	18
Musculoskeletal (MSG)	73	51	124
Neurology (NSG)	17	13	30
Occupation Safety, Health and Rehabilitation (OSHRSG)	9	12	21
Paediatric (PSG)	38	35	73
Rehabilitation Technology (RTSG)	5	12	17
Sports and Exercise (SESG)	17	37	54
Women Health (WHSG)	24	17	41
Community Rehabilitation & Primary Healthcare (C&PWG)	78	--	78
Mental Health (MHWG)	39	--	39
Private Practice (PPWG)	21	--	21
Total	414	305	719

Implementation of e-Membership Cards

Starting from Jan 2024, the HKPA has ceased the production of physical membership cards. A new e-membership card system was implemented in Mar 2024. This system allows us to save papers and administrative cost associated with the production of membership cards.

All members can access the e-membership card on the HKPA mobile and desktop website and enjoy the same function and benefits as the physical card. Existing physical membership cards will remain functional until further notice.

ANNUAL REPORT OF PROFESSIONAL DEVELOPMENT SUBCOMMITTEE 2023-2024

Ms. Horsanna P.Y. CHIU

The Professional Development Subcommittee is responsible for overseeing the professional development activities of the Hong Kong Physiotherapy Association (HKPA). Facing the impact of the commencement of mandatory CPD on 1 July 2023, HKPA will be one of the programme administrators of mandatory CPD and continue to support CPD accreditation for courses run by various SG/ WG of HKPA and co-organized institutions and organizations, the challenge of increasing loading of CPD accreditation is expected. Besides, the smart initiative of acupuncture accreditation goes green also optimized the process of application and uphold the standard of acupuncture practice by physiotherapist and to assure related quality of service delivered to clients.

A. Annual Specialty Group Meeting

The 21st SG / WG Meeting was held on 11 Jan 2024. In the meeting, the CPD related issue was updated and the “Guidelines for Planning and Organizing Specialty Group CPD Programmes” was introduced. This served to provide guidance for SG/WGs on programme announcement & registration for CPD programs and online attendance taking for online CPD programmes respectively.

B. Training Courses

The Manual Concepts Certificate in Spinal Manual Therapy was held from Jan to Feb 2024. The course was run in hybrid mode with knowledge delivered from online modules and practical skills reinforced in face-to-face sessions. Dr. Vaidas STALIORITYS was invited to be the course instructor. Comprehensive clinical reasoning, identification of specific sub-groups amenable to manual therapy and various manual therapy techniques relating to cervical, thoracic and lumbar spine regions were thoroughly shared.



C. Continuing Professional Development Scheme

Last year, a total of 470 courses were accredited in our CPD programme. The total CPD points granted and total contact duration of all accredited CPD activities were 6148 points and 11588 hours correspondingly (Table 1). Of which, there were 418 CPD activities being sub-categorized as core, comprising 89% of all CPD activities (Figure 2). There was a wide spectrum of specialty coverage of those CPD activities (Figure 3). Since the commencement of mandatory CPD scheme in July 2023, CPD application and related enquiries has been overwhelming. The number of accredited courses has been doubled compared to previous years, our member could enjoy a wider range of CPD accredited courses according to own career interest.

Cycle Year	Number of Course Accredited	CPD Points Granted	Total Course Duration (Hour)
2019-2020	258	3525	6305
2020-2021	273	3063	6032
2021-2022	240	3301	5478
2022-2023	236	4555	7314
2023-2024	470	6148	11588

Table 1. Details of CPD Accreditation

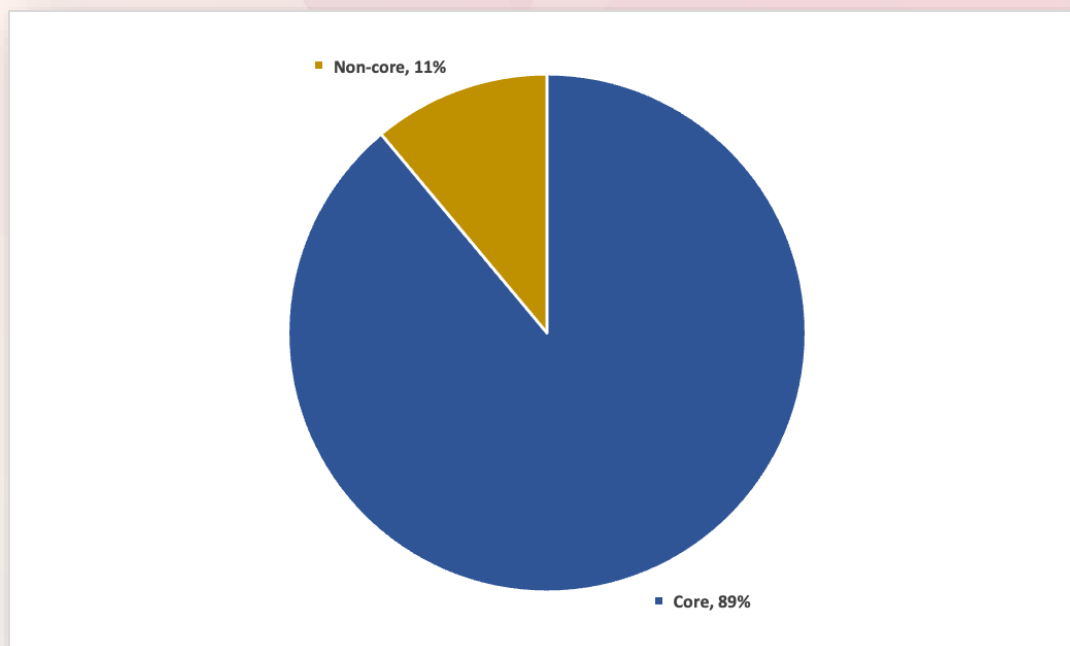


Figure 2. Sub-categories of CPD Activities in 2023-2024.

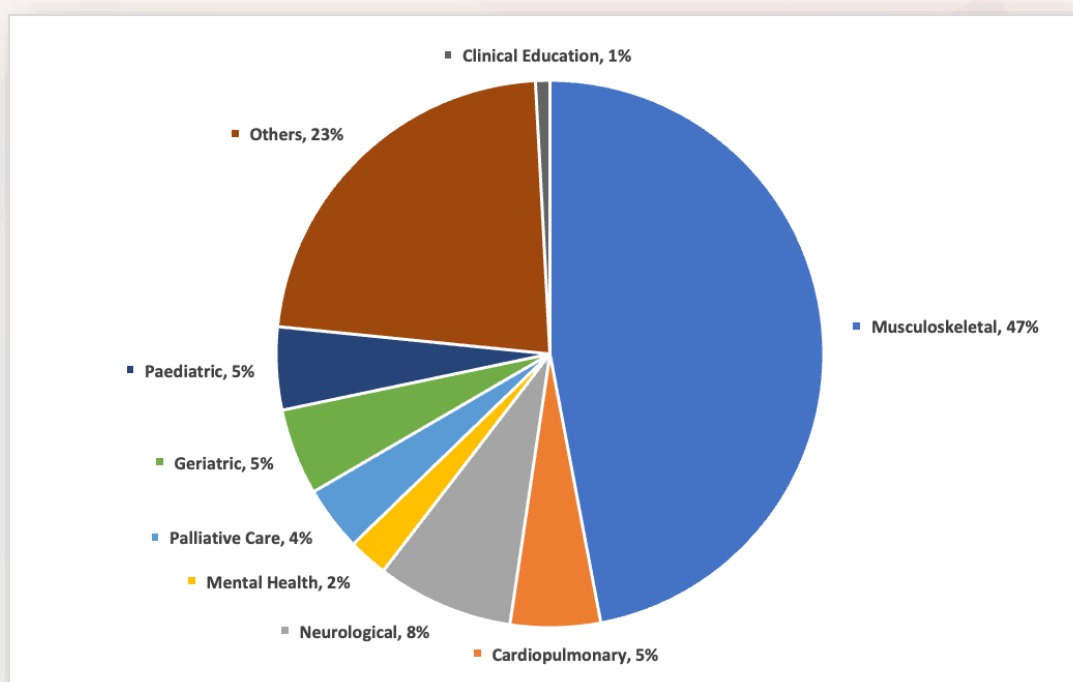


Figure 3. Primary Specialty Streams of CPD Activities in 2023-2024.

D. Acupuncture Accreditation Scheme

The Acupuncture Accreditation Board of the HKPA was established in 1999. Since 1 Jan 2024, the online application for acupuncture accreditation had been launched to facilitate the application and enhance the efficiency and effectiveness of the accreditation. From April 2023 to March 2024, there were 161 registered physiotherapists accredited by the Acupuncture Accreditation Board. Among these 161 accreditations, 50 were from online system, and 109 successful applicants were members of the HKPA. As more graduates from different institutions proving physiotherapy training are expecting in the coming years, the number of Acupuncture Accreditation is expected to increase accordingly.

ANNUAL REPORT OF PROMOTIONAL & PUBLIC RELATIONS SUBCOMMITTEE 2023- 2024

Mr. Alexander C.H. WOO

Collaborations/Connections with Other Local Professional and Community Organizations

Date	Event	Organization	HKPA Representative
22 Apr 2023	HKPA 60 th Anniversary Talk Series: Healthy Spine	School of Fashion & Textiles	Prof. Marco PANG, Mr. Alexander WOO, Ms. Olivia FAN, Ms. Mandy LUI, Mr. Jeffrey MAN
29 Apr 2023	Exercise Demonstration in the “World Asthma Day 2023”	Hong Kong Asthma Society	Ms. Mandy MAK, Mr. Sam WAN, Ms. Joan IP, Mr. Alphonse CHAN,
7 May 2023	HKPA Interview Workshop 2023	HKPA	Mr. Raymond TSANG, Ms. NG Yuk Mun, Mr. Gorman NGAI
27 May 2023	HKPA 60 th Anniversary Talk Series: Sarcopenia	The Hong Kong Society for Rehabilitation, Hong Kong Association of Gerontology, Tung Wah College of Hospitals, Sik Sik Yuen	Mr. Raymond TSANG, Mr. Steven CHEUNG, Mr. Bill CHAN, Mr. LEUNG Yiu Kwok, Ms. Angela LEE, Ms. Polly LO, Ms. Marine LO
15 Jul 2023	HKPA 60 th Anniversary Talk Series: Prevention and Treatment – Physiotherapy	Health Bureau	Ms. Jamie LAU, Mr. Francis CHAN, Ms. NG Yuk Mun
19 Jul 2023	Disciplinary Procedure and Practical Tips for Physiotherapists	HKPA	HKPA
22 and 23 Jul 2023	Hong Kong Football Medicine Team Physiotherapist Course 2023	CUHK Sports Medicine	Mr. Dennis LO, Mr. Quentin YAU, Dr. Kate YUNG, Mr. Nathan NG, Mr. Gorman NGAI
12 Aug 2023	HKPA 60 th Anniversary Talk Series: Public Health Care Seminar on Mental Health	The Hongkong Federation of Youth Groups	Dr. Anthony KWOK, Mr. Eyckle WONG, Mr. Cyrus LEE, Mr. Joseph LAW
9 Sep 2023	HKPA 60 th Anniversary Talk Series: Osteoarthritis	Hong Kong Arthritis & Rheumatism Foundation Ltd.	Ms. Chris CHAN
17 Sep 2023	23 rd Regional Osteoporosis Conference	The Osteoporosis Society of Hong Kong	HKPA
23 Sep 2023	Hong Kong Continence Society: 2023 Annual Scientific Meeting	The Hong Kong Continence Society	Ms. Brigitte FUNG
27 Sep 2023	Asia Western Pacific Region Webinar: Health Promotion and Management of Chronic Diseases	Asia Western Pacific Region, World Physiotherapy	Ms. WONG Kit Yee Lavinia
19 Oct 2023	Medical Protection Society Webinar: What You Need to Know About Protecting your Career as a Physiotherapist	Medical Protection Society	Prof. Marco PANG, Mr. Raymond TSANG, Ms. Sara POON, Ms. Charis PANG, Mr. Gorman NGAI, Mr. Alexander WOO
22 Oct 2023	HKPA 60 th Anniversary Talk Series: Prevention of Stroke and Mirror Therapy	Sik Sik Yuen	Dr. Wingson CHAN, Dr. Doris CHONG
1 to 4 Dec 2023	HKPA 60 th Anniversary Conference – Globalisation of the WHO's ICF in Clinical Practice: Worldwide Experience Sharing, Pre-conference Workshop and Post-conference Workshop	SAHK	Prof. Marco PANG, Mr. Raymond TSANG, Dr. Ivan SU, Dr. Anthony KWOK, Dr. Arnold, WONG, Ms. Eva CHAN, Dr. Doris CHONG
16 Dec 2023	Hong Kong Joint Health Meeting	SANOFI	Ms. Joanna LAM, Mr. Wilson CHAN
1 Jan to 31 Dec 2024	Physiotherapy Student Attachment Program 23/24	HKPA	HKPA
6 Jan to 25 Feb 2024	Manual Concepts: Certification in Spinal Manual Therapy	Manual Concept	Ms. Joan IP, Mr. Jeffrey MAN
22 Feb 2024	The 40th Anniversary Dinner of Hong Kong Society of Professional Optometrists	Hong Kong Society of Professional Optometrists	Mr. Raymond TSANG
23 Feb 2024	Long-term Effects of Combined Balance and Brisk Walking Training on Alleviating Motor and Non-motor Symptoms in People	Research and Data Analytics Office of the Health Bureau	Prof. Margaret MAK

	with Parkinson's Disease: a Randomized Controlled Trial		
Mar 2024	Rehabilitation Exercises for Myeloma	Hong Kong Myeloma Care & Share	Ms. Joan IP, Ms. Kristy CHEUNG
1 Mar 2024	Seminar on "The Opportunity, Rewards and Challenges as a Sports Physiotherapist" cum PolyU SPEED & HKPA Memorandum of Understanding Signing Ceremony	PolyU SPEED	Mr. Raymond TSANG, Prof. Marco PANG, Ms. Anna Bella SUEN, Mr. Alex HO, Prof. Any FU, Mr. Howard FONG
2 and 3 Mar 2024	Introduction to Clinical Education for Physiotherapists	Hong Kong Metropolitan University	Prof. Alice JONES, Dr. Doris CHONG
4 Mar 2024	Introduction to Standardised Patients in Physiotherapy Education	Hong Kong Metropolitan University	Prof. Alice JONES

Promotion of HKPA among Physiotherapists/Physiotherapy Students

Date	Event	HKPA Executive Committee Members
27 Jun 2023	Tung Wah College: Scholarship and Award Presentation Ceremony 2023	Prof. Marco PANG
1 Sep 2023	PolyU RS Inauguration Ceremony, HKPA Student Award Presentation and Year 1 Student Orientation	Mr. Raymond TSANG

Media Exposure

Date	Topic	Media/Program	Physiotherapists
7 Apr 2023	Nordic Pole Walking	Hong Kong Housing Society	Prof. Marco PANG
7 Dec 2023	Direct Access of Physiotherapy	Sing Tao Daily	Prof. Marco PANG
7 Dec 2023	Direct Access of Physiotherapy	The Standard	Prof. Marco PANG
7 Dec 2023	Direct Access of Physiotherapy	Oriental Daily	Prof. Marco PANG
1 Feb 2024	Issuance of Receipt for Treatment in Pain Centre	Wen Wei Po	Mr. Raymond TSANG, Mr. Alexander WOO

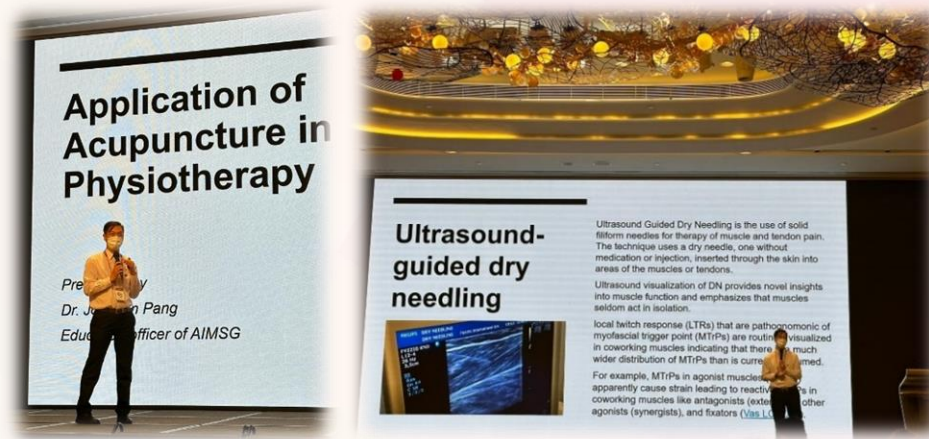
Lobbying/Advocacy

Date	Event	HKPA Representative
7 Aug 2023	Suggestions for 2023 Policy Address Consultation	Prof. Marco PANG and HKPA Executive Committee Members
5 Oct 2023	Statement regarding the Indecent Incident of “Claimed Physiotherapist”	Mr. Alexander WOO, HKPA Executive Committee Members and Ms. Eleanor CHAN
7 Dec 2023	Statement for Supplementary Medical Professions Ordinance	Prof. Marco PANG and HKPA Executive Committee Members

ANNUAL REPORT OF ACUPUNCTURE & INTEGRATIVE MEDICINE SPECIALTY GROUP 2023-2024 *Mr. Eric Y.T. LAW*

The summary of activities organized by AIMSG in 2023-2024 is as follows:

1.
Date : 24/06/2023
Activity : HKPA 60th Anniversary Conference - Application of Acupuncture in Physiotherapy
Speaker : Dr. Johnson PANG



2.
Date : 13/10/2023
Activity : Canadian Experience on the Integration of Acupuncture in Physiotherapy
Speaker : Dr. Enoch HO
Venue : HKPA Premises



3.
 Date : 12/01/2024
 Activity : Sharing on Ultrasound Guided Acupuncture for Treatment of Knee Osteoarthritis
 Speaker : Dr. Johnson PANG
 Venue : Saint Francis University



Executive Committee Members of AIMSG (2023-2024):

Chairperson	Mr. Eric Y. T. LAW
Vice-chairpersons	Mr. Ben B. CHAN Ms. Yvonne P. LAM
Treasurer	Ms. Ada S. K. TSUI
Secretaries	Mrs. May CHEUNG Ms. Rebecca M. P. NGAI Ms. Michelle T. K. CHUNG
Education Officers	Mr. Kenny C. C. YUEN (Acupuncture) Dr. Johnson PANG (Acupuncture) Mr. Derek K. H. YEUNG (Integrative Medicine)
IT Officer	Dr. LAI Wai Ying
Public Relation Officer	Ms. Frances S. M. LAW
Liaison Officer	Mr. Kerry W. Y. FUNG

ANNUAL REPORT OF CARDIOPULMONARY SPECIALTY GROUP 2023-2024

Ms. Eva Y.W. CHUN

Summary of the CPSG Activities:

Date	Name of Event	Venue & Speaker
13/09/2023	Exercise Is Medicine (Hong Kong) Advisory Board Meeting 	凱日精品粵菜館 Ms. Eva CHUN as the representative of HKPA (4 th from the left)
27/10/2023	CPSG Biennial General Meeting (BGM) cum CPD Seminar - Cardiopulmonary Rehabilitation for Cancer Patients   	HKPA Premises Ms. Kedy LEE as the speaker

Executive Committee Members of CPSG (2023-2024):

Chairperson:	Ms. Eva CHUN
Vice-Chairperson (Internal):	Ms. Joey CHENG
Vice-Chairperson (External):	Ms. Kedy LEE
Treasurer:	Ms. Sandy LEUNG
Secretary:	Ms. Aggie KWAN
Education Officer:	Ms. Pamela CHAN Ms. Horsanna CHIU Dr. Shirley NGAI Ms. Jasmine TAM Mr. Eyckle WONG
Public Relation Officer:	Ms. Janet SO

The Way Forward:

CPSG is actively engaged in collaborating with various organizations to promote exercise-based interventions for the general public. We have been participating in the yearly “World Asthma Day” organized by the Hong Kong Asthma Society to educate the public on the benefits of exercise via exercise demonstrations on stage. Additionally, CPSG has a representative to attend the Exercise is Medicine (EIM) – Hong Kong Advisory Board meeting to advocate for the integration of physical activity in disease prevention and treatment. Recognizing the importance of exercise for diabetes care, CPSG is also taking an advisory role in the production of educational videos on proper exercise techniques for patients with diabetes. Through these initiatives, the CPSG aims to empower healthcare providers and the public to embrace cardiopulmonary training / physical exercises as one of the vital components in the holistic care of individuals with various health conditions.

In view of positive feedback from the last CPSG CPD seminar on cancer rehabilitation, we will continue to organize seminars on topics on physiotherapy care in intensive care unit (ICU), cardiopulmonary rehabilitation in various medical or surgical conditions in the year ahead.

ANNUAL REPORT OF GERIATRICS SPECIALTY GROUP 2023-2024

Mr. Steven H.L. CHEUNG

Summary of the GSG Activities:

Date	Name of Event	Venue & Speaker
27/05/2023	HKPA 60 th Anniversary Public Talk (Series 4) Topic: "Prevention of Sarcopenia and Frailty" “肌肉可增・衰老可防”	Venue: Hong Kong Central Library Speakers: Dr. LEUNG Man Fuk, Edward President, Hong Kong Association of Gerontology Ms. LO Yuk King, Polly Registered Physiotherapist Wellness Kingdom Physiotherapy & Wellness Centre Mr. WONG Kwok Cheong, George Project Director HKSJ Jockey Club Geriatric Rejuvenation Hub
		
2023-2024	Attended International Association of Physiotherapy working with Older People (IPTOP) of World Physiotherapy Meeting via Zoom in quarterly basis	N/A

Executive Committee Members of GSG (2023-2024):

Chairperson:	Mr. Cheung Hok Leung, Steven
Vice-Chairperson:	Dr. Chan Kin Shing, Bill
Vice-Chairperson:	Mr. LEUNG Yiu Kwok
Treasurer:	Ms. Lo Yuk King, Polly
Secretary:	Ms. Lo Yin Yee, Marine
IT Officer:	Ms. Li Yan Yi, Ann
IT Officer:	Mr. Wong Wing Kin, Brian
Executive Committee Members:	Mr. Kan Pong Yin, James
Executive Committee Members:	Ms. Lee Wing Yan, Angela
Executive Committee Members:	Mr. Wong Wai Lung, Thomson
Executive Committee Members:	Ms. Wu Man Sum, Annie

The Way Forward:

In the coming years, GSG will continue to enhance the academic development and clinical skills among our colleagues in geriatrics specialty and promote the development of healthy aging in our community.

ANNUAL REPORT OF HAND THERAPY SPECIALTY GROUP 2023-2024

Mr. Kenneth M.C. POON

Summary of the HTSG Activities:

Date	Name of Event	Venue & Speaker
10/11/2023	Rehabilitation of Flexor Tendon Repair: A Review of Historical Development & Update of Local Practice	Mr. Kenneth POON Advanced Practice Physiotherapist, Queen Elizabeth Hospital, Hospital Authority (Online Lecture)

Executive Committee Members of HTSG (2023-2024):

Chairperson:	Mr. POON Ming Chung, Kenneth
Vice-Chairperson:	Mr. CHUNG Chi Hong, Kenneth
Treasurer:	Ms. NG Mei Ting Daisy Ms. CHO Sau Yee, Jocelyn
Executive Committee Members:	Mr. CHEUNG Kiu Yin, Jason Ms. LAM Po, Yvonne Ms. LEUNG Wing Ching, Wing Ms. LY Ying Fong, Connie Mr. TSANG Chi Chung, Raymond Mr. YUEN Pui Man, Jimmy

The Way Forward:

HTSG continually hosts and shares knowledge through online lectures, which have previously attracted more than 190 participants. Active HTSG members were 2-folded compare to previous years. We are in active discussions with a diverse range of speakers, including those based locally and internationally. HTSG remains committed to serving as a platform for physiotherapists to exchange the latest information in the field of hand rehabilitation.

ANNUAL REPORT OF REHAB TECHNOLOGY SPECIALTY GROUP 2023-2024

Prof. Amy FU

There was no organized activity in 2023-2024.

Executive Committee Members of RTSG (2023-2024):

Chairperson:	Prof. Amy FU
Vice-Chairperson:	Ms. Rainbow LAW

The Way Forward:

- 1) To organize webinar to share how technology can be blended into tradition rehabilitation

ANNUAL REPORT OF MUSCULOSKELETAL SPECIALTY GROUP 2023-2024

Mr. Raymond C.C. TSANG

Summary of the MSG Activities:

Date	Name of Event	Venue & Speaker
12/08/2023	Online Lecture: Seminar on Update in Physiotherapy Management of Knee Osteoarthritis 1. Adapting Evidence-based Clinical Practice Guidelines for Physiotherapy Management of Knee Osteoarthritis 2. Sharing of Oversea Experiences in Physiotherapy Management of Knee Osteoarthritis 3. Development of Evidence-Based Management of Patients with Knee Osteoarthritis in the Community	Dr. Fadi Al Zoubi, Assistant Professor, Department of Rehabilitation Sciences, The Hong Kong Polytechnic University Mr. Desmond Yeung, Advanced Practice Physiotherapist, Physiotherapy Department, MacLehose Medical Rehabilitation Centre Dr. Sammi Tsui, Senior Physiotherapist, Hong Kong Sanatorium and Hospital
09/09/2023	香港物理治療學會六十周年呈獻－物理治療社區公開講座（七）：退化性關節炎 1. 退化性關節炎的醫療治理 2. 退化性膝關節炎的物理治療	王靜嫻醫生 風濕病科專科醫生 陳曦物理治療師 香港物理治療學會肌骨專研組執行委員



Executive Committee Members of MSG (2023-2024):

Chairperson:	Mr. Raymond C.C. TSANG
Vice-Chairperson:	Mr. Jimmy P.M. YUEN
Treasurers:	Ms. L.F. CHIANG Mr. Moses K.K. LAU
Executive Officers:	Ms. Chris H. CHAN Mr. Denis S.O. CHAN Mr. Justin M.S. IP Ms. Joey C.Y. KO Ms. Tracy W.S. TANG Ms. Iris L.Y. TSANG

The Way Forward:

The Musculoskeletal Specialty Group will organize the following activity in the second quarter of 2024: Updates on ACL Reconstruction Surgery and Seamless Rehabilitation: From Prehabilitation to Return to Sports on 26 June 2024 (online seminar).

ANNUAL REPORT OF NEUROLOGY SPECIALTY GROUP 2023-2024

Dr. Wingson W.C. CHAN

Summary of the NSG Activities:

Date	Name of Event	Venue & Speaker
20/01/2024	Certificate Instructor Course on Nordic Pole Walking for Physiotherapists	Venue: Physiotherapy Department, Pamela Youde Nethersole Hospital Speakers: Dr. Irene Wong Ms. Elsy Chan



Executive Committee Members of NSG (2023-2024):

Chairperson:	Dr. Wingson CHAN
Treasurer:	Ms. Eva CHUNG
Secretary:	Dr. Doris CHONG
Education Officer:	Ms. Emily KO
Education Officer:	Ms. Sue WONG
Education Officer:	Mr. Elliot CHENG
IT Officer:	Mr. Hei WONG
IT Officer:	Mr. CW WOO
Professional Development Officer:	Prof. Margaret MAK
Professional Development Officer:	Mr. Matthew MOK
Professional Development Officer:	Dr. Stephanie AU-YEUNG

The Way Forward:

As a neurology specialty group in neurological rehabilitation, we will try our best to advance our professional excellence in physiotherapy neurological rehabilitation by organizing professional courses and training for our colleagues. At the same time, we will keep serving our society with our professional knowledge through public education and health promotion activities in the community.

ANNUAL REPORT OF OCCUPATIONAL SAFETY, HEALTH & REHABILITATION SPECIALTY GROUP 2023-2024

Mr. Alexander C.H. WOO

Summary of the OSHRSG Activities:

Date	Name of Event	Venue & Speaker
22/04/2023	HKPA 60 th Anniversary Talk Series: Healthy Spine	The Hong Kong Polytechnic University Mr. Alexander WOO
24/01/2024	OSHRSG: Person-centered Care for Musculoskeletal Pain: Putting Principles into Practice	HKPA Premises and Online Dr. Nathan HUTTING
02/03/2024	Update on Ergonomics Assessment and Interventions for Physiotherapists	Tung Wah College Prof. Grace SZETO
17/08/2024	Certificate Course of Breakaway Techniques	Saint Francis University Mr. Simon TSE

Executive Committee Members of OSHRSG (2023-2024):

Honorary Advisor	Prof. Grace SZETO
Chairperson:	Mr. Alexander WOO
Vice-Chairperson:	Ms. Linda LAI
Treasurer:	Mr. LAI Chun Hei
Secretary:	Mr. Richard WONG
Publicity Officer:	Dr. Billy SO Dr. Kelvin KWOK Dr. Wilson LAM Mr. Curtis WONG Mr. Daniel LO Mr. Simon TSE Ms. Judy WONG Ms. Rainbow LAW Mr. Jack LUI

The Way Forward:

After two years of Covid-19, we gradually return to normal. In response to the new initiatives from Government about the work injury management system and the increasing challenges of our PT colleagues would face in their work, OSHRSG will continue to organize more courses for our members to uphold their knowledge and skill on work rehabilitation and injury prevention/ OSH management.

In the coming years, OSHRSG plans to organize a workshop on Functional Capacity Evaluation (FCE) in 2024-2025.

We look forward to seeing you again.

ANNUAL REPORT OF PAEDIATRICS SPECIALTY GROUP 2023-2024

Ms. Nerita N.C. CHAN

Summary of the PSG Activities:

Date	Name of Event	Venue & Speaker																								
11 & 18/01/2024 (Thursday) (P2401)	Part I (11/01/2024) – Introduction of Vojta Therapy for Babies, Children, Adolescents and Adults Participants: 35 Part II (18/01/2024) – Clinical Application of Vojta Therapy in Paediatrics Participants: 33 	Venue: HKPA Premises Speaker: Ms. Cynthia SIU, PT in private practice 																								
16/03/2024 (Saturday) (P2402)	Introduction of Total Motion Release (TMR Tots) – An Innovative Approach to Empower Paediatric Physiotherapists& Caregivers HKPA & Heep Hong Society Participants: 717	Venue: Zoom Speaker: Ms. Susuan Marie Blum, PT, TMRc																								
Date	Publicity Event	Topics																								
Apr 23 – Mar 24	11 column articles written on newspapers	<table><tr><td colspan="2">Health column “Happy PaMa” of Ming Pao</td></tr><tr><td>運動與精神健康的緊密關係</td><td>25/04/2023</td></tr><tr><td>舒緩測考季節的肩頸痛</td><td>30/05/2023</td></tr><tr><td>體能訓練有時序</td><td>04/07/2023</td></tr><tr><td>淺談小兒先天肌肉性斜頸</td><td>08/08/2023</td></tr><tr><td>讓好孩子穿好鞋子</td><td>12/09/2023</td></tr><tr><td>初生嬰兒多元感官刺激</td><td>17/10/2023</td></tr><tr><td>跳躍里程碑</td><td>21/11/2023</td></tr><tr><td>從練習「滑步舞」看協調訓練</td><td>26/12/2023</td></tr><tr><td>攀爬好處多</td><td>30/01/2024</td></tr><tr><td>跌倒 – 幼兒學行必修課</td><td>05/03/2024</td></tr><tr><td>改善姿勢，做個小小跑手</td><td>09/04/2024</td></tr></table>	Health column “Happy PaMa” of Ming Pao		運動與精神健康的緊密關係	25/04/2023	舒緩測考季節的肩頸痛	30/05/2023	體能訓練有時序	04/07/2023	淺談小兒先天肌肉性斜頸	08/08/2023	讓好孩子穿好鞋子	12/09/2023	初生嬰兒多元感官刺激	17/10/2023	跳躍里程碑	21/11/2023	從練習「滑步舞」看協調訓練	26/12/2023	攀爬好處多	30/01/2024	跌倒 – 幼兒學行必修課	05/03/2024	改善姿勢，做個小小跑手	09/04/2024
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Apr 23 – Mar 24	5 Facebook videos for 醫護錦囊 Babyparent.com 慈慧幼苗	去公園「放電」有助兒童體能發展（03/2023） 【觸覺過敏】剖析 7 大特徵及拆解方法（06/2023） 【觸覺過感】如何影響大小肌肉發展（06/2023） 寶寶愛腳尖走路有問題嗎？（10/2023） 想教小朋友跳繩卻無從入手？從學習跳繩看大肌肉多感官訓練（02/2024）																								

Executive Committee Members of PSG (2023-2024):

Chairperson:	Nerita Chan Nar Chi
Vice-Chairperson:	Tracy Chen Mui Kwan Olivia Fan Wing Nga
Treasurer:	Vivian Chan Wai Man
Secretary:	Tina Chan Wai Ting
Education Officer:	Chan Yee Wa Chau Ka Wai Ho Yuen Bing Poon Yuen Ching Candice Lau Pui Heung Beverley
IT Officer:	Michael Leung Tsz Chun
Public Relation Officer:	Flora Law Ho Yan Au Mei Kuen Daswani Dinisha Deepak Leung Ka Man Shek Ka Yiu Wu Hoi Ling
Co-op member	Cecilia Rosser

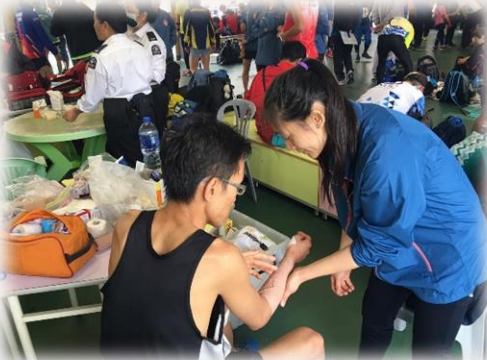
The Way Forward:

The aim of PSG of HKPA is to facilitate the communication between colleagues and connect the paediatric physiotherapists in Hong Kong. We keep on organizing different education and training to the paediatric physiotherapists serving in different setting (from hospital to community). Moreover, we engaged in different community work and participate in different voluntary service. We keep writing articles in newspaper and media. We believe PSG and all our members will continue our goal in promoting Paediatric Physiotherapy service in Hong Kong.

ANNUAL REPORT OF SPORTS & EXERCISE SPECIALTY GROUP 2023-2024

Mr. Alex H.Y. HO

Summary of the SESG Activities:

Date	Name of Event	Venue & Speaker
15-21/04/2023	World Transplant Game 2023 	Perth, Australia 
02-09/07/2023	Junior World Orienteering Championships	Romania
11-16/07/2023	World Orienteering Championships 	Switzerland 
16/04/2023 - 03/12/2023	Local Orienteering Events 	Hong Kong
24-26/11/2023	Oxfam Trail Walker 	Hong Kong 

01/03/2024	“The Opportunity, Rewards and Challenges as a Sports Physiotherapist” Seminar (cum PolyU SPEED and HKPA Memorandum of Understanding Signing Ceremony) 	Hong Kong (SPEED) 
12-14/04/2024	Movement Optimization (Movement & Performance Therapy Certification) 	Hong Kong (AASFP x Rehab-U x HKPA)

Executive Committee Members of SESG (2023-2024):

Chairperson:	Alex HO
Vice-Chairperson:	Cora CHEUNG, Willis CHAN
Treasurer:	Rachel CHIN
Secretary:	Geoffrey YU
Education Officer:	Indy HO
IT Officer:	Ivan AU
On-field Coordinators:	Chris KWOK Cynthia SUNG Monika LAU

The Way Forward:

Our dedicated team continues to foster collaboration, knowledge sharing, and advocacy within sports physiotherapy community. Among all, we are thrilled to announce the launch of the Professional Certificate in Advanced Practice in Sports Physiotherapy, co-organized with the Department of Rehabilitation Sciences of the Hong Kong Polytechnic University in this July.

This program represents a significant step forward in our commitment to equipping physiotherapists with the specialized skills and knowledge needed to excel in the dynamic world of sports and health science. As the demand for high-quality sports physiotherapy continues to rise, this innovative program will elevate the profession's standards.

Whether you are a seasoned practitioner looking to refine your skills or a new graduate seeking to specialize in sports physiotherapy, this program offers unparalleled opportunities for professional growth. We invite you to join us on this journey as we redefine the future of sports physiotherapy.

ANNUAL REPORT OF WOMEN'S HEALTH SPECIALTY GROUP 2023-2024

Ms. Regina W.C. LEUNG

Summary of the WHSG Activities:

Date	Name of Event	Venue & Speaker
25-29/05/2023	The Full Complete Lymphoedema Certification Course   	Venue: Tung Wah College, Hong Kong Speakers: 1. Tracy Cisneros (Physiotherapist, MLD/CLT instructor) 2. Meenu Jethwani (Occupational Therapist, MLD/CLT instructor)
03/02/2024	Lecture + biennial general meeting    	Venue: HKPA premises, Hong Kong Speakers: 1. Dr. Samson Lau (Associate Consultant & Urogynaecologist) - Assessment and Treatment Update on Prolapse and Operation on Common Urogynaecological Condition 2. Regina Leung 3. Alice Yeung (Physiotherapists) - Physiotherapy Management on Prolapse

Executive Committee Members of WHSG (2023-2024):

Chairperson:	Regina Leung
Vice-Chairperson:	Mandy Leung
Treasurer:	Jenny Wan
Secretary:	Mary Ma
Education Officer:	Tiffany Leung
IT Officer:	Alice Yeung
Public Relation Officer:	Ginny Choi
Professional Development Officer:	Candice Fan

The Way Forward:

The Women's Health Specialty Group is pleased to highlight its accomplishments, initiatives, and impact in promoting and enhancing women's health physiotherapy services during the 2023-2024 period. We are delighted to have completed a certified lymphoedema course that trained 30 physiotherapists to become certified lymphedema therapists and conducted lecture on assessment and treatment on prolapse, enabling them to serve the community in women's health.

Looking ahead, we are excited to organize an advanced lymphoedema course on head and neck care in 2025. Furthermore, our WHSG welcomed new blood in our executive committee members.

With our dedication to WHSG, we are confident in advocating for and promoting the women's health to health care professionals and the public. In the year ahead, we will continue to provide education and support to physiotherapists in delivering high-quality women's health services.

ANNUAL REPORT OF AQUATIC PHYSIOTHERAPY SPECIALTY GROUP 2023-2024

Dr. Billy C.L. SO

Summary of the APTSG Activities:

Date	Name of Event	Venue & Speaker
23/05/2023	EC meeting 	PolyU ST523 Zoom
04/06/2023	World Physiotherapy Congress (WPC) 2023 - Aquatic Physiotherapy Networking Session Our secretary Ms. Manny Kwok represented HKPA APTSG to attend the WPC Aquatic Physiotherapy networking session 	World Physiotherapy Congress 2023 Dubai World Trade Centre
10/06/2023	The China Rehab Association Annual Meeting and re-election of the Aquatic Therapy Study Group of the Sport Rehabilitation Committee of the Chinese Association of Rehabilitation and Medicine Our Chairperson Dr. Billy So participated as one of the IOAPT committee members of the Aquatic Therapy Study Group 	China
27/09/2023	EC meeting	Zoom
03/10/2023	APA Conference in Brisbane Our secretary Ms. Manny Kwok delivered an oral presentation on the effectiveness of aquatic therapy on cognition, motor ability and memory of children / adolescents with ADHD at the APA conference 2023	APA Conference 2023 Brisbane, Australia

		
18/11/2023	HKPA Aquatic Physiotherapy Specialty Group Biennial General Meeting 	Zoom
05/12/2023	Our secretary, Ms. Manny Kwok presented 5 facts about aquatic physiotherapy in the InMotion APA magazine 	
05/12/2023	Dr. Billy So proposed and attended a meeting with SPEED PolyU to discuss the development of a Professional Certificate in Aquatic Physiotherapy Course	ST523, PolyU
22/03/2024	Establishment of World Aquatic Physiotherapy Day Dr. Billy So submitted a poster on behalf of the Hong Kong Aquatic Physiotherapy Specialty Group 	

Executive Committee Members of APTSG (2023-2024):

Chairperson:	Dr. SO Chun-Lung, Billy
Vice-Chairperson:	Dr. WONG Wing-Sum, Sam Ms. WONG Chi-Kwan, Catherine
Treasurer:	Mr. LAW Pui-Kai, Joseph
Secretary:	Ms. KWOK Man-Ying, Manny
Education Officer:	Ms. NG Yuk-Mun Ms. CHOW Chi-Ying Ms. HUI Fung-Ying, Winnie
IT Officer:	Mr. HO Chun-Yung, Boris Mr. TSE Hon-Ting, Daniel
Liaison Officer:	Ms. Lee Wing-Yan, Angela Ms. KONG Siu-Yin, Iris
Honorable advisor:	Ms. WONG Kit-Yee, Lavinia Dr. Sophie HEYWOOD

The Way Forward:

By focusing on research, education, collaboration, and community promotion, the development of aquatic physiotherapy can be advanced both in evidence-based practice and in its promotion in the community. Conducting more rigorous research, expanding the evidence base, collaborating with interdisciplinary teams, and disseminating research findings will enhance the quality and validity of the evidence supporting aquatic physiotherapy. Developing specialized training programs, offering continuing education, and establishing certification and credentialing will improve the expertise and recognition of aquatic physiotherapists. Fostering collaboration between physiotherapists and aquatic facilities, as well as encouraging interprofessional collaboration, will create opportunities for shared knowledge and integrated treatment plans. Public education campaigns, community partnerships, and sharing patient success stories will raise awareness and promote the availability and benefits of aquatic physiotherapy. Finally, we propose a professional certificate course in collaboration with the SPEED, HKPA and the Hong Kong Polytechnic University to utilize and apply the knowledge of aquatic physiotherapy in clinical practice, thereby nurturing more competent aquatic physiotherapists to meet the needs of the community.

The joint efforts of all HKPA APTSG executives and members will continue to contribute to the recognition and utilization of aquatic physiotherapy as an effective and accessible treatment modality for the community.

ANNUAL REPORT OF PRIVATE PRACTICE WORKING GROUP 2023-2024

Mr. Terence K.H. CHAU

Summary of the PPWG Activities:

Date	Name of Events	Venue & Speaker
30/04/2024	(1) Corporate Training for IKEA Hong Kong (The Physiotherapy Perspective on Bedding)	Venue: IKEA Premises Speaker: Mr. Terence CHAU
06/07/2024	(2) Spinal and Foot Health Assessment for Children Living in Subdivided Units (Jointly organized with the Paediatrics Specialty Group)	Venue: Kwun Tong Methodist Social Service Speakers: Mr. Terence CHAU and colleagues from the Paediatrics Specialty Group

Executive Committee Members of PPWG (2023-2024):

Chairperson:	Mr. Terence CHAU
Vice-Chairperson:	Dr. Man CHUNG
Treasurer:	Mr. Kenneth AU-YEUNG
Secretary:	Mr. Alvin CHU

Private Practice Working Group (WG)



The Way Forward:

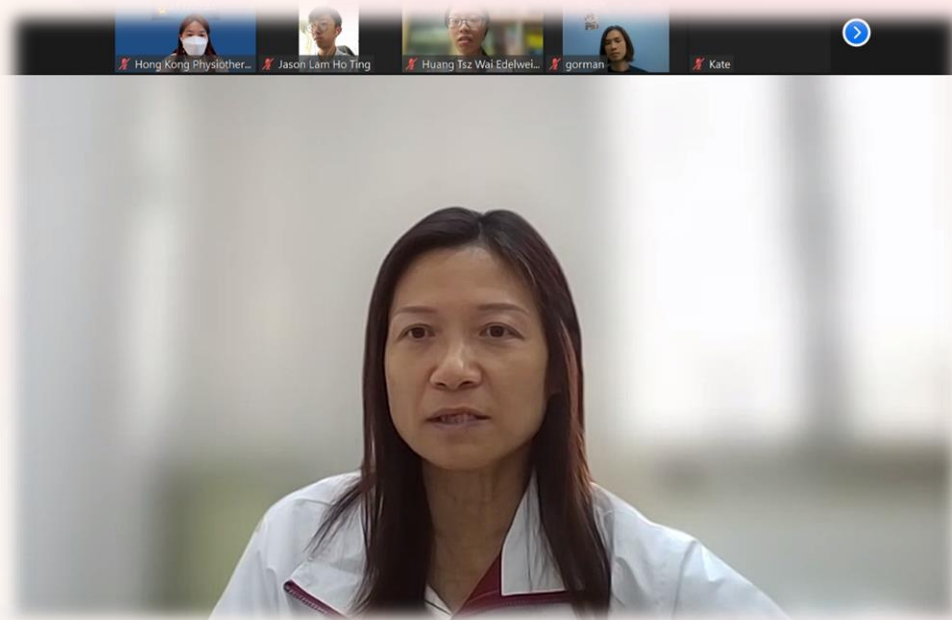
The Private Practice Working Group (PPWG) strives to promote unity among colleagues and strengthen our profession as a whole. In order to sharpen colleagues' image amongst the public, the PPWG has collaborated with the HKPA EC to produce a batch of brand new HKPA shirts for members' use in upcoming professional events. In the following year, the group is planning to organise a symposium, covering different aspects of colleagues' interests and needs, as a debut activity to connect and cohere fellow colleagues. Other deliverables such as a physiotherapist directory and other continuing professional development activities are also on the group's agenda.

ANNUAL REPORT OF COMMUNITY REHABILITATION & PRIMARY HEALTHCARE WORKING GROUP 2023-2024

Dr. Ivan Y.W. SU

Summary of the C&PWG Activities:

Date	Name of Event	Venue & Speaker
07/05/2023	Interview Workshop 2023	Online Zoom platform Ms. NG Yuk-mun



Career talk by Ms. NG on the physiotherapy profession in the NGO sector followed by a mock interview for Year 3/4 BSc or Year 2 MPT student members

15/07/2023	香港物理治療學會 60 週年呈獻 社區講座系列(五)：防病於未患、預防與治療：物理治療幫到您	香港中央圖書館 1. 黃明慧女士 2. 蔡幗婷女士 3. 陳偉雄先生 4. 劉秀英博士 5. 郭致良先生 6. 黎詠詠女士 7. 周偉明先生 8. 關振傑先生 9. 甄文漢先生 10. 潘俊傑先生 11. 陳凱萍女士 12. 方鈺奇先生 13. 陳嘉顯先生
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We are honored to have Dr. CHOI Yu-size Cissy (Assistant Commissioner for Primary Healthcare, Health Bureau) as the officiating guest of the event



The event attracted more than 250 general public from all walks of life engaged in a series of informative and physically active programmes



Mr. WU Yeung-key Jimmy (Director, District Health Centre Team, Health Bureau) together with the speakers from the 10 participating District Health Centres / District Health Centre Expresses, physiotherapy student helpers, and the Vice-President of HKPA, Mr. TSANG Chi-chung Raymond

Executive Committee Members of C&PWG (2023-2024):

Chairperson:	Dr. SU Yuen-wang, Ivan
Vice-Chairperson:	Mr. WONG Kwok-Cheong, George
Treasurers:	Ms. WO Chung-ching Candy Mr. CHAN Kin-tung, Francis
Secretary:	Mr. AU YEUNG Kin Kenneth
Members:	Mr. CHAN Wai-hung, Rex Mr. LEE Siu-hei, Cyrus Mr. LO King-yuen, Felix Ms. CHOW Pui-yee, Tiffany Ms. KWONG Chi-ming, Amy Mr. LAM Wai-shun Wilson Dr. LAU Sau Ying, Jamie Mr. LI Tung-yue, Kevin Ms. LI Lai-shan Ms. NG Yuk-mun Mr. SIT Wai-man, Raymond Mr. SO Kin-kan, Vincent Mr. WONG Chung-tok, Richard Ms. WONG Ming-wai, Maggie Mr. WONG Siu-keung, Ken Mr. YEUNG Kin-ka, Tom

The Way Forward:

Direct service to our Working Group members and upgrade to a Specialty Group.

ANNUAL REPORT OF MENTAL HEALTH WORKING GROUP 2023-2024

Dr. Anthony W.L. KWOK

Executive Committee Members of MHWG (2023-2024):

Chairperson:	Dr. Anthony Kwok
Treasurer:	Mr. Joseph Law
Secretary:	Ms. Dorothy Cheung
Education & Professional Development Officer:	Mr. Chris Kan
Public Relation & Liaison Officer:	Mr. Eyckle Wong
Professional Development Officer:	Mr. Cyrus Lee
Scientific Officer:	Mr. Chris Kan

Activities organized from 1 Apr 2023 to 31 Mar 2024:

1. HKPA MHWG joined the International Organization of Physical Therapy in Mental Health (IOPTMH) on 3 Jun 2023. Dr. Anthony Kwok had been serving in their Education Committee as the Hong Kong Representative to plan Mental Health Education Programme to be held in Columbia in September 2024. For details, please browse the IOPTMH activities in their home page <https://www.ioptmh.org/>.
2. HKPA MHWG, Tung Wah College Physiotherapy Programme and the Hong Kong Mental Health Association co-organized the 60th Anniversary Hong Kong Physiotherapy Association Public Talk on the Mental Health on 12 Aug 2023 at 25/F, Multi-function Room, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong. The theme was “How Physiotherapy could improve Mental Health”.

Experienced physiotherapists shared their knowledge, skills, and experience on “How Physiotherapy improves Mental Health”, “5 Steps to Mental Well-being”, “Community Home-based Strengthening Exercise for Mental Health Care”, “Breathing Control and Body Image Care”, and “Physiotherapy Management to sleep disorders”.

Relaxation Techniques, Body-mind Awareness, Polyvagal Exercises and Acupressure techniques were taught and practiced among the participants, with assistance and support from five HKPA student members from the Tung Wah College, to ensure the smooth running and conduction of the activity. More than 70 participants from the practicing physiotherapists and the public joined the activity with good feedback. The activity was reported to IOPTMH in their home page.

Speakers included Dr. Kwok, Anthony (Associate Professor cum Deputy Programme Leader, TWC), Mr. Wong, Eyckle (Senior Clinical Associate, TWC), Ms. Cheung, Dorothy (Senior Clinical Associate, TWC), Mr. Lee, Cyrus (Senior Physiotherapist, HKMHA), Mr. Law, Joseph (Senior Physiotherapist, YMCA), and Mr. Kan, Chris (Senior Physiotherapist, SAHK).

3. HKPA MHWG had addressed the common mental health problems including Anxiety, Depression, Sleeping Disorders and the Hong Kong Mental Health Physiotherapy Services in the Community in the past 12 months.
4. It was planned to conduct a workshop on “Contemporary Physiotherapy Services and the New Insights into Polyvagal Exercises as an exercise protocol in IDD and ASD in Hong Kong” in Jul 2024.
5. Looking forward, the HKPA MHWG would work on how physiotherapy could help the dementia patients and Special Education Needs (SEN) students in the coming year.