



## HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED 香港物理治療學會有限公司

中國香港特別行政區 九龍佐敦德興街12號興富中心9樓901室  
Room 901, 9<sup>th</sup> Floor, Rightful Centre, 12 Tak Hing Street, Jordan, Kowloon, HKSAR  
www.hongkongpa.com.hk Tel: (852) 2336 0172 Fax: (852) 2338 0252

**ADDRESS** : Room 901, 9<sup>th</sup> Floor, Rightful Centre,  
12 Tak Hing Street, Jordan, Kowloon, HKSAR

**GENERAL SECRETARIAT** : Phone : (852) 2336 0172  
Facsimile : (852) 2338 0252

**WEBSITE** : <http://www.hongkongpa.com.hk>



A MEMBER ORGANISATION OF  
WORLD CONFEDERATION FOR PHYSICAL THERAPY (WCPT)



ASIAN WESTERN PACIFIC REGION  
**World Confederation  
for Physical Therapy**

A MEMBER ORGANISATION OF  
WORLD CONFEDERATION FOR PHYSICAL THERAPY –  
ASIAN WESTERN PACIFIC REGION (AWP)



A MEMBER ORGANISATION OF  
ASIAN CONFEDERATION FOR PHYSICAL THERAPY (ACPT)



A MEMBER ORGANISATION OF INTERNATIONAL  
ACUPUNCTURE ASSOCIATION OF PHYSICAL THERAPISTS (IAAPT)



A MEMBER ORGANISATION OF INTERNATIONAL  
FEDERATION OF ORTHOPAEDIC MANIPULATIVE THERAPISTS (IFOMT)



A MEMBER ORGANISATION OF INTERNATIONAL  
FEDERATION OF SPORTS PHYSIOTHERAPY (IFSP)



A MEMBER ORGANISATION OF INTERNATIONAL  
ORGANISATION OF PHYSICAL THERAPISTS IN PAEDIATRICS (IOPTP)



A MEMBER ORGANISATION OF INTERNATIONAL  
ORGANISATION OF PHYSICAL THERAPISTS IN WOMEN'S HEALTH  
(IOPTWH)



AN ASSOCIATE MEMBER OF  
THE FEDERATION OF MEDICAL SOCIETIES OF HONG KONG



A MEMBER ORGANISATION OF  
THE HONG KONG COUNCIL OF SOCIAL SERVICE



A MEMBER ORGANISATION OF  
HONG KONG JOINT COUNCIL FOR PEOPLE WITH DISABILITIES



A MEMBER ORGANISATION OF  
HONG KONG ASSOCIATION OF GERONTOLOGY



A MEMBER ORGANISATION OF  
COMMUNITY REHABILITATION NETWORK OF  
THE HONG KONG SOCIETY FOR REHABILITATION

# CONTENTS

## Executive Committee

### Annual Report of President 2016 – 2017

|                               |   |
|-------------------------------|---|
| Ms. Priscilla Y.H. POON ..... | 8 |
|-------------------------------|---|

### Annual Report of Honorary Treasurer 2016 – 2017

|                          |    |
|--------------------------|----|
| Dr. Andy C.M. CHAN ..... | 19 |
|--------------------------|----|

### Annual Report of Senior Manager (Membership) 2016 – 2017

|                            |    |
|----------------------------|----|
| Mr. Daniel K.W. CHAU ..... | 24 |
|----------------------------|----|

### Annual Report of Vice-President (Research & Publication) 2016 – 2017

|                             |    |
|-----------------------------|----|
| Prof. Marco Y.C. PANG ..... | 25 |
|-----------------------------|----|

### Annual Report of Manager (Professional Development - CPD) 2016 – 2017

|                           |    |
|---------------------------|----|
| Ms. Mandy M. Y. MAK ..... | 26 |
|---------------------------|----|

### Annual Report of Senior Manager (Information Technology) 2016 – 2017

|                          |    |
|--------------------------|----|
| Mr. Brian F. C. MA ..... | 27 |
|--------------------------|----|

## Specialty Groups

### Annual Report of Acupuncture and Integrative Medicine Specialty Group 2016 – 2017

|                          |    |
|--------------------------|----|
| Mr. Eric Y. T. LAW ..... | 30 |
|--------------------------|----|

### Annual Report of Cardiopulmonary Specialty Group 2016 – 2017

|                             |    |
|-----------------------------|----|
| Mr. Eyckle C. H. WONG ..... | 32 |
|-----------------------------|----|

### Annual Report of Geriatrics Specialty Group 2016 – 2017

|                               |    |
|-------------------------------|----|
| Mr. Steven H. L. CHEUNG ..... | 35 |
|-------------------------------|----|

### Annual Report of Hand Therapy Specialty Group 2016 – 2017

|                               |    |
|-------------------------------|----|
| Mr. Raymond C. C. TSANG ..... | 37 |
|-------------------------------|----|

|                                                                                             |    |
|---------------------------------------------------------------------------------------------|----|
| Annual Report of Manipulative Therapy Specialty Group 2016 – 2017                           |    |
| Dr. Nicola MOK .....                                                                        | 38 |
| Annual Report of Musculoskeletal Specialty Group 2016 – 2017                                |    |
| Mr. Raymond C. C. TSANG .....                                                               | 40 |
| Annual Report of Neurology Specialty Group 2016 – 2017                                      |    |
| Mr. Wingson W.C. CHAN .....                                                                 | 42 |
| Annual Report of Occupational Safety, Health and Rehabilitation Specialty Group 2016 – 2017 |    |
| Mr. Alexander C.H. WOO .....                                                                | 43 |
| Annual Report of Paediatrics Specialty Group 2016 – 2017                                    |    |
| Ms. Nerita N.C. CHAN .....                                                                  | 45 |
| Annual Report of Sports Specialty Group 2016 – 2017                                         |    |
| Mr. Alex H.Y. HO .....                                                                      | 53 |
| Annual Report of Women's Health Specialty Group 2016 – 2017                                 |    |
| Ms. Brigitte K.Y. FUNG .....                                                                | 57 |
| Annual Report of Rehabilitation Technology Specialty Group 2016 – 2017                      |    |
| Dr. Amy FU .....                                                                            | 59 |



## Office Bearers (2016-2017)

**Honorary Auditor** : Dr. Patrick L.T. WONG J.P.

**Honorary Legal Advisor** : Mr. Bronco M.T. BUT

### Executive Committee Members of Hong Kong Physiotherapy Association (2016-2017)

|                                           |                                                                           |
|-------------------------------------------|---------------------------------------------------------------------------|
| President                                 | : Ms. Priscilla Y.H. POON                                                 |
| Vice-President (Professional Development) | : Dr. Rosanna M.W. CHAU                                                   |
| Vice-President (External Affairs)         | : Mr. Charles W.K. LAI                                                    |
| Vice-President (Research & Publication)   | : Prof. Marco Y.C. PANG                                                   |
| Honorary Secretary                        | : Ms. Anna Bella M.Y. SUEN                                                |
| Associate Secretary                       | : Mr. Sam S. WAN                                                          |
| Senior Manager (Membership)               | : Mr. Daniel K.W. CHAU                                                    |
| Associate Membership Secretary            | : Mr. Nelson Y.P. NG<br>Mr. Vincent K.F. LO<br>Mr. Tommy K.H. CHU         |
| Honorary Treasurer                        | : Dr. Andy C.M. CHAN                                                      |
| Financial Manager                         | : Mr. Anthony C.F. KWOK                                                   |
| Manager (Professional Development – CPD)  | : Ms. Mandy M.Y. MAK                                                      |
| Senior Manager (Information Technology)   | : Mr. Brian F.C. MA                                                       |
| Information Technology Manager            | : Mr. Thomas M.K. KWOK                                                    |
| Senior Project Manager                    | : Ms. Priscillia L. LAM<br>Mr. Alexander C.H. WOO<br>Mr. Gorman C.W. NGAI |
| Project Manager                           | : Mr. Kenneth K.L. LEUNG<br>Mr. Dennis K.K. CHEUNG                        |

## Executive Committee Members of Acupuncture and Integrative Medicine Specialty Group (2016-2017)

|                         |                                                                                    |
|-------------------------|------------------------------------------------------------------------------------|
| Chairperson             | : Mr. Eric Y.T. LAW                                                                |
| Vice-Chairperson        | : Dr. Andy C.M. CHAN<br>Mr. Ben B. CHAN                                            |
| Treasurer               | : Ms. Fiona L.W. TANG                                                              |
| Secretary               | : Ms. Yvonne P. LAM<br>Ms. Rebecca M.P. NGAI<br>Mrs. May M.Y. CHEUNG               |
| Education Officer       | : Mr. Kenny C.C. YUEN (Acupuncture)<br>Ms. Frances S.M. LAW (Integrative Medicine) |
| IT Officer              | : Ms. Rufina W.L. LAU                                                              |
| Public Relation Officer | : Ms. Ada S.K. TSUI<br>Mr. Derek K.H. YEUNG                                        |
| Liaison Officer         | : Mr. Kerry W.Y. FUNG                                                              |

## Executive Committee Members of Cardiopulmonary Specialty Group (2016-2017)

|                         |                                                                                             |
|-------------------------|---------------------------------------------------------------------------------------------|
| Chairperson             | : Mr. Eyckle C.H. WONG                                                                      |
| Vice-Chairperson        | : Ms. Horsanna P.Y. CHIU<br>Dr. Shirley NGAI                                                |
| Treasurer               | : Ms. Grace W.K. CHENG                                                                      |
| Secretary               | : Ms. Eva Y.W. CHUN                                                                         |
| Public Relation Officer | : Mr. Clement K.M. CHAN<br>Ms. Pamela P.W. CHAN<br>Ms. Joey L. CHENG<br>Ms. Aggie W.S. KWAN |
| Education Officer       | : Ms. Becky LAM<br>Ms. Jenny Y.Y. NG<br>Ms. Y.M. NG<br>Ms. Sandy W.C. LEUNG                 |

### Executive Committee Members of Geriatrics Specialty Group (2016-2017)

|                             |                                                                                                                 |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------|
| Chairperson                 | : Mr. Steven H.L. CHEUNG                                                                                        |
| Vice-Chairperson            | : Mr. Bill K.S. CHAN<br>Mr. Y.K. LEUNG                                                                          |
| Treasurer                   | : Ms. Polly Y.K. LO                                                                                             |
| Secretary                   | : Ms. Kennis K.W. CHEUNG<br>Ms. Marine Y.Y. LO                                                                  |
| IT Officer                  | : Ms. Ann Y.Y. LI<br>Mr. Brian W.K. WONG                                                                        |
| Executive committee members | : Mr. James P.Y. KAN<br>Ms. Angela W.Y. LEE<br>Mr. Thomson W.L. WONG<br>Ms. Annie M.S. WU<br>Ms. Leona F.P. YAN |

### Executive Committee Members of Hand Therapy Specialty Group (2016-2017)

|                                  |                                                                |
|----------------------------------|----------------------------------------------------------------|
| Chairperson                      | : Mr. Raymond C.C. TSANG                                       |
| Vice-Chairperson                 | : Ms. Jocelyn S.Y. CHO<br>Ms. May L.M. LUK                     |
| Secretary                        | : Ms. Yvonne P. LAM<br>Mr. Kenneth M.C. POON                   |
| Treasurer                        | : Ms. L.F. CHIANG<br>Ms. Joanna M.S. WONG<br>Ms. Daisy M.T. NG |
| Professional Development Officer | : Ms. Connie Y.F. LY<br>Ms. Polina L.C. YEUNG                  |
| Public Relation Officer          | : Mr. Jimmy P.M. YUEN<br>Ms. Intonia H.W. CHOW                 |
| Scientific Officer               | : Mr. Kenneth C.H. CHUNG                                       |

## Executive Committee Members of Musculoskeletal Specialty Group (2016-2017)

|                   |                                                                                                                                                                                                            |
|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Chairperson       | : Mr. Raymond C.C. TSANG                                                                                                                                                                                   |
| Vice-Chairperson  | : Mr. Jimmy P.M. YUEN                                                                                                                                                                                      |
| Treasurer         | : Ms. L.F. CHIANG<br>Mr. Moses K.K. LAU                                                                                                                                                                    |
| Executive Officer | : Ms. Catherine O.P. CHAN<br>Mr. Denis S.O. CHAN<br>Ms. Esther W.K. CHAN<br>Mr. Justin M.S. IP<br>Mr. Alex T.L. JO<br>Ms. Isa C.Y. LAM<br>Ms. Angela W.Y. LEE<br>Mr. Zenki C.W. LEUNG<br>Ms. Mandy T.M. NG |

## Executive Committee Members of Neurology Specialty Group (2016-2017)

|                                |                                                                                                     |
|--------------------------------|-----------------------------------------------------------------------------------------------------|
| Chairperson                    | : Mr. Wingson W.C. CHAN                                                                             |
| Vice-Chairperson               | : Mr. Ivan LIU                                                                                      |
| Treasurer                      | : Ms. Eva P.K. CHUNG                                                                                |
| Secretary (External)           | : Ms. Lydie O.L. HO                                                                                 |
| Secretary (Internal)           | : Dr. Doris CHONG                                                                                   |
| Education Development Officer  | : Ms. Emily M.L. KO<br>Ms. Sally P.C. WAN<br>Ms. Sue WONG<br>Ms. Karen T.H. YIU<br>Mr. Elliot CHENG |
| Information Technology Officer | : Mr. Hei WONG<br>Mr. C.W. WOO                                                                      |
| Research Development Officer   | : Dr. Margaret K.Y. MAK<br>Dr. Stephanie S.Y. AU YEUNG<br>Mr. Matthew Y.C. MOK                      |



## Executive Committee Members of Occupational Safety, Health and Rehabilitation Specialty Group (2016-2017)

|                   |                                                                                                                                                                                         |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Honorary Adviser  | : Dr. Grace P.Y. SZETO                                                                                                                                                                  |
| Chairperson       | : Mr. Alexander C.H. WOO                                                                                                                                                                |
| Vice-Chairperson  | : Ms. Linda Y.Y. LAI<br>Mr. Wilson W.S. LAM                                                                                                                                             |
| Treasurer         | : Mr. C.H. LAI                                                                                                                                                                          |
| Secretary         | : Ms. Judy W.L. WONG                                                                                                                                                                    |
| Publicity Officer | : Mr. Daniel Y.K. TO<br>Mr. Simon S.C. TSE<br>Mr. Curtis K.H. WONG<br>Mr. Kelvin M.L. KWOK<br>Ms. Rainbow K.Y. LAW<br>Dr. Billy C.L. SO<br>Mr. Richard C.T. WONG<br>Mr. Felix T.K. WONG |

## Executive Committee Members of Sports Specialty Group (2016-2017)

|                                |                                                       |
|--------------------------------|-------------------------------------------------------|
| Chairperson                    | : Mr. Alex HO                                         |
| Vice-Chairperson (External)    | : Mr. Willis CHAN                                     |
| Vice-Chairperson (Internal)    | : Ms. Cora CHEUNG                                     |
| Treasurer                      | : Mr. Lylon LAI                                       |
| Secretary                      | : Mr. Ivan AU                                         |
| Information Technology Officer | : Ms. Shirley LEE                                     |
| Education Officer              | : Mr. Indy HO<br>Mr. Alex CHAN                        |
| On-field Coordinator           | : Ms. Yuki WONG<br>Ms. Monika LAU<br>Ms. Cynthia SUNG |

## Executive Committee Members of Women's Health Specialty Group (2016-2017)

|                         |                     |
|-------------------------|---------------------|
| Chairperson             | : Ms. Brigitte FUNG |
| Vice-Chairperson        | : Ms. Regina LEUNG  |
| Treasurer               | : Ms. Karen WONG    |
| Secretary (External)    | : Ms. Anna WONG     |
| Secretary (Internal)    | : Ms. Mary MA       |
| Public Relation Officer | : Ms. Mandy LEUNG   |
| Resources Officer       | : Ms. Jeppy CHEUNG  |
| Education Officer       | : Ms. Andrea LEUNG  |
|                         | Ms. Timmi YICK      |
|                         | Ms. Ginny CHOI      |

## Executive Committee Members of Manipulative Therapy Specialty Group (2016-2017)

|                                  |                    |
|----------------------------------|--------------------|
| Chairperson                      | : Dr. Nicola MOK   |
| Vice-Chairperson                 | : Mr. Gorman NGAI  |
|                                  | Dr. Sharon TSANG   |
| Treasurer                        | : Mr. Nathan LEUNG |
|                                  | Mr. Eric WONG      |
| Secretary                        | : Ms. Karie CHI    |
| Publicity Officer                | : Mr. Ivan KWAN    |
| Professional Development Officer | : Mr. Thomas CHEN  |

## Executive Committee Members of Paediatrics Specialty Group (2016-2017)

|                    |                                                                                                                          |
|--------------------|--------------------------------------------------------------------------------------------------------------------------|
| Chairperson        | : Ms. Nerita CHAN                                                                                                        |
| Vice-Chairperson   | : Ms. Cecilia KWOK<br>Ms. Tracy CHEN                                                                                     |
| Treasurer          | : Ms. Vivian CHAN                                                                                                        |
| Secretary          | : Ms. Flora LAW                                                                                                          |
| IT Subgroup        | : Ms. Candice POON                                                                                                       |
| Education Subgroup | : Ms. Y.B. HO (Officer)<br>Ms. Olivia FAN<br>Dr. Tamis PIN<br>Ms. Tina CHAN<br>Ms. Pauline FONG                          |
| Publicity Subgroup | : Ms. Catherine CHEUNG (Officer)<br>Ms. Beverley YIU<br>Ms. Carmen LEUNG<br>Ms. Helen CHAN<br>Ms. Daswani Dinisha Deepak |
| Co-opt Member      | : Ms. M.K. AU<br>Ms. Florence KWAN                                                                                       |

## Executive Committee Members of Rehabilitation Technology Specialty Group (2016-2017)

|              |                                                             |
|--------------|-------------------------------------------------------------|
| Chairperson  | : Dr. Amy FU                                                |
| Ex-committee | : Ms. Rainbow LAW<br>Ms. Priscillia LAM<br>Ms. Joanne TSANG |



## ANNUAL REPORT OF PRESIDENT 2016-2017

*Ms. Priscilla Y.H. POON*

It is my last year to write the President Report with a new term of office led by a new leader. Having been working for HKPA since 1997 starting with the post of membership secretary to now with 10 years of presidency, lot of great memories with good and challenging moments have been occupied in my personal diary. But of course, I mostly enjoy serving the profession with the support from the members and a group of diligent, committed and enthusiastic HKPA executive committee members from diversified areas of work. More importantly, our Specialty Group executive members are also heavily involved in various educational and promotional activities. The unity and cohesiveness among our physiotherapy (PT) profession are the utmost element to facilitate HKPA approaching its 55<sup>th</sup> anniversary in 2018.



*Highly appreciate the efforts of all executive committee members and the SG executive committee members*

### Representations in Other Organizations

- ✧ The HKPA nominated Mr. Gorman NGAI and Ms. Anna Bella SUEN as the members of the Preliminary Investigation Committee of Physiotherapists' Board Hong Kong for the year term of 2016 to 2017.
- ✧ The HKPA re-nominated Ms. Lam LAM as the member of the Social Worker Registration Board from 1 Jan 2016 to 31 Dec 2017.
- ✧ Ms. Lam LAM, on behalf of the HKPA, acted as the council representative of the Federation of Medical Societies of Hong Kong 香港醫學組織聯會.
- ✧ Ms. Priscilla POON, on behalf of the HKPA, acted as members of the Other Healthcare Professionals Sub-group under the Steering Committee on Strategic Review on Healthcare Manpower Planning and Professional Development to give view on the manpower of PT in Hong Kong. -
- ✧ Ms. Priscilla POON, on behalf of the HKPA, was invited as one of the members of the 「香港安老院舍評審計劃」督導委員會 (Residential Aged Care Accreditation Scheme) under the Hong Kong Association of Gerontology.
- ✧ The HKPA nominated Mr. Charles LAI and Ms. Anna Bella SUEN as the representatives in the AHPSGCC on behalf of HKPA.
- ✧ Ms. Priscilla POON, on behalf of the HKPA, was invited as the member of the Board of Experts for the Center for Gerontological Nursing.
- ✧ Ms. Priscilla POON, on behalf of the HKPA, was invited as the honorary advisor of the Hong Kong Asthma Society.



- ✧ Mr. Eyckle WONG and Ms. Priscilla POON, on behalf of HKPA, acted as one of members of the Exercise is Medicine (EIM) (HK) Advisory Board.
- ✧ Ms. Priscilla POON, on behalf of HKPA, acted as one of commission member of the Hong Kong Association of Sports Medicine (HKASMSS) from 1 Dec 2016 to 30 Nov 2018.
- ✧ HKPA is the member organization of the Hong Kong Joint Council for People with Disabilities.

### Community Partnership

- ✧ Dr. Amy FU, on behalf the HKPA, provided professional comments on use of virtual reality headset game and published in CHOICE.
- ✧ Dr. Amy FU, on behalf of the HKPA, received interview on use of virtual reality device in rehabilitation as invited by the 大公報.
- ✧ HKPA was invited by SANOFI for project “DM Dance – Sitting & Standing” in collaboration with the Association of Hong Kong Diabetes Nurses (HKADN). HKPA designed the “Sitting DM Dance” by the Cardiopulmonary Specialty Group with production of DVD. Exercise Ambassador training class has been organized on 3 Sep 2017 to facilitate to those diabetes patients of balance incompetency. A series of community-based DM Program will be launched in 18 districts in collaboration with the HKADN. Community-based DM Program has been launched in the Tseung Kwan O district from Jun to Jul 2017, Tuen Mun district from Apr to Jul 2017 and Wanchai district from Jun to Sep 2017. Such program will be a continuous activity and support from members are definitely a key to success.



*Sitting DM Class*



*Standing DM Class*

- ✧ HKPA was invited to design an exercise dance for the elderly. Geriatrics Specialty Group (GSG) designed the exercise and launched as performance in the section of Healthcare Innovation in the Golden Age Expo & Summit 2016 on 21 Jan 2017. The exercise named as “Get Moving 黃金操” has also be publicized at the MetroRadio Show by the GSG.



*Golden Age Expo & Summit 2016 on 21 Jan 2017.*





Educational Talk invited by the Hong Kong Arthritis and Rheumatism Foundation

- ✧ Mr. Sam WAN, on behalf of HKPA, delivered educational talk on “Physiotherapy Management on Cancer-related Fatigue and Insomnia for Cancer Patients” for cancer patients, which is co-organized by Cancer Patient Resources Centers and Cancer Links on 13 Jan 2017.
- ✧ Ms. Mandy MAK, on behalf of the HKPA, delivered the educational talk “關節治療與運動” as invited by the Hong Kong Arthritis and Rheumatism Foundation (香港風濕病基金會) on 24 Sep 2016.
- ✧ Ms. Lam LAM, on behalf of HKPA, received a television Interview on “Physiotherapy Management for Spinal Disorders” as invited by Dr. CHAN Ying Kai in Sep 2016.
- ✧ Ms. Mandy MAK, on behalf of HKPA, received a joint press group interview with the Hong Kong Spasticity Management Society on 7 Dec 2016.



Ms. Mandy MAK demonstrated the passive stretching technique



Press conference

- ✧ Ms. Priscilla POON, on behalf of HKPA, received an interview by the Sing Tao News on 9 Mar 2017 to elaborate the role of physiotherapists in the community and hospital settings. The article has been published in Economic Daily with the below link as [http://hdfn.stheadline.com/owealth\\_content.php?id=21407](http://hdfn.stheadline.com/owealth_content.php?id=21407)



- ✧ Various PT colleagues actively took up the role of tutor for the hydrotherapy sessions, stretching classes and fitness class organized by the Hong Kong Asthma Society from Oct 2016 to Dec 2017.
- ✧ Various PT colleagues actively took up the role of tutor for the hydrotherapy sessions organized by the Hong Kong Arthritis & Rheumatism Foundation at the Pok Oi Hospital from Nov 2016 to Dec 2017.
- ✧ Ms. Mandy MAK and a group PT, on behalf of HKPA, performed one exercise demonstration in the World Asthma Day held on 5 May 2017 by the Hong Kong Asthma Society.
- ✧ Mr. Alex HO, the chairperson of Sports Specialty Group, made response on the “Negative health effects of running / hiking on concrete” as invited by the 綠色力量 Green Power on 3 Aug 2017.
- ✧ Ms. Mandy MAK, on behalf of HKPA, will deliver a seminar on “Fall prevention exercise and rehabilitation exercise for fracture clients” as invited by the Asia-Pacific Institute of Ageing Studies (APIAS) of the Lingnan University.
- ✧ Ms. Lam LAM and Mr. Sam WAN, on behalf of HKPA, received interview on 26 Jul 2017 from the health care related program ( 醫療節目最強生命 ) to be broadcasted in J5 channel of TVB.



Interview 醫療節目最強生命



Mr. Sam WAN demonstrated exercise

### Collaborations/ Connections with Other Organizations

- ✧ HKPA was invited as one of the member organization of the Hong Kong Alliance of Patients' Organization Ltd 香港病人組織聯盟有限公司.
- ✧ HKPA was invited to participate in the 2016 國際風濕病日活動「風濕緩痛嘉年華」as organized by the Hong Kong Arthritis and Rheumatism Foundation (香港風濕病基金會) on 23 Oct 2016. The Musculoskeletal Specialty Group coordinated and organized this activity.





- ✧ Mr. Gorman NGAI, on behalf of HKPA, attended the Forum on Professional Services on 30 Aug 2016.
- ✧ Ms. Priscilla POON, on behalf of HKPA, attended the Outstanding Social Worker Selection organized by 香港社會工作人員協會 on 7 Jan 2017.
- ✧ Ms. Mandy MAK and Ms. LAM Lam, on behalf of HKPA, have written an article on “The Role of Physiotherapists in Primary Care” in the Primary Health Spot Link.



Primary Health Spot Link.

- ✧ Ms. Priscilla POON, on behalf of HKPA, received a videoing to show support for the day rehab project for the discharged elders who have stroke or fall proposed by an NGO in Jan 2017.
- ✧ Ms. Priscilla POON, on behalf of HKPA, made a presentation to the undergraduates PolyU PT Students on the role and structure of HKPA on 9 Feb 2017 in order to early engage the undergraduate students to the HKPA.
- ✧ HKPA was invited by the 中國香港體適能總會 to join the campaign - “Exercise is Medicine” to promote the benefit of exercise and encourage the public to engage in a habit of regular exercise. Mr. Eyckle WONG and Ms. Priscilla POON, on behalf of HKPA, attended various meetings for discussion of implementation strategies.
- ✧ Mr. Sam WAN, on behalf of the HKPA, collaborated with the Hong Kong Physiotherapy Concern and the Love and Care for the Sick Foundation ( 關愛病患基金會 ) to organize an educational and fund-raising activity of 「快活伸展操 2017 之長者運動日」 on 25 Jun 2017. This event aimed to encourage the exercise habit among the elderly. Professor Sophia Chan Siu-chee, JP, Dr. Edward Leong Che-hung, GBM, GBS, OBE, JP and Ms. Priscilla POON were invited to officiate the ceremony with the organizer. Mr. Sam WAN designed and led the exercise demonstration during the event. Physiotherapists from TMH including Ms. Gigi YUEN, Mr. Eric YIP, Mr. Eric LI as well as some physiotherapy students were invited to support the exercise demonstration. Around 150 elderly participated in the event.



Officiating Guests and PT Volunteers



Officiating Guests



- ✧ HKPA was invited as the supporting organization to 18th Beijing/Hong Kong Medical Exchange – Integrative Primary Care for Non-communicable Disease on 19-10 Nov 2016.
- ✧ HKPA was invited to collaborate and support the NGO (九龍樂善堂安達邨長者鄰社服務中心) for bidding of elderly services in Aug 2016.
- ✧ HKPA was invited to join the Nursing and Allied Health Sectoral Functional Group on Child Health Policy for Hong Kong to promote a child health policy in Hong Kong in Nov 2016. The Paediatrics Specialty Group follow-up on the project.
- ✧ HKPA was invited as the supporting organization to the Hong Kong Society of Paediatric Respiratory & Allergy 20<sup>th</sup> Anniversary Celebration & Allergy Week Public Awareness Campaign held on 4 Apr 2017.
- ✧ HKPA was invited to provide on-field physiotherapy in the 21<sup>st</sup> World Transplant Game in Jul 2017. We are also invited to attend 第21屆世界移植運動會香港代表隊誓師大會 on 11 Jun 2017. In addition, Ms. Priscilla POON, on behalf of HKPA, attended 第21屆世界移植運動會祝捷大會 on 30 Jul 2017 to share the achievement of the athletes.



第21屆世界移植運動會香港代表隊誓師大會



第21屆世界移植運動會祝捷大會

- ✧ HKPA was invited as the supporting organization of the Gerontech and Innovation Expo cum Summit which is organized by Hong Kong Council of Social Services.
- ✧ HKPA was invited as the supporting partner of the Cardiac Arrhythmias and Sport 2017.
- ✧ HKPA was invited as the supporting organization of the Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2017.
- ✧ Ms. Mandy MAK, on behalf of the HKPA, attended the 27<sup>th</sup> AGM cum Member Fellowship Dinner of the Hong Kong Asthma Society on 14 Oct 2016.
- ✧ Ms. Mandy MAK, on behalf of the HKPA, attended the annual dinner of the Hong Kong Rheumatology Arthritis Association on 14 Jan 2017.
- ✧ Ms. Mandy MAK, on behalf of HKPA, attended the new year gathering of the Hong Kong Arthritis and Rheumatism Foundation on 26 Feb 2017
- ✧ Ms. Priscilla POON, on behalf of the HKPA, attended the opening ceremony of the 23<sup>rd</sup> Annual Congress of Gerontology organized by the Hong Kong Association of Gerontology on 19 Nov 2017.
- ✧ Ms. Priscilla POON, on behalf of the HKPA, attended Hong Kong Society for the Surgery of the Hand Annual Congress Banquet on 25 Mar 2017.
- ✧ Ms. Priscilla POON, on behalf of the HKPA, attended the HKCFP 40<sup>th</sup> Anniversary Conference 2017 on 3 Sep 2017.
- ✧ Ms. Priscilla POON, Ms. Nerita CHAN and Ms. Tracy CHEN, on behalf of the HKPA, attended the press conference organized by the Hong Kong Paediatric Foundation on 11 Jun 2017.
- ✧ Ms. Priscilla POON, on behalf of the HKPA, attended the Oration on Child Health 2017 organized by the Hong Kong Paediatric Society on 18 May 2017.



- ✧ The Sports Specialty Group provided on-field physiotherapy service for the Oxfam Trailwalker 2017 as our usual practice.
- ✧ HKPA was invited as the supporting organization of TOTEM Run 2017 and Sports Specialty Group will provide the on-field physiotherapy service.
- ✧ HKPA was invited to provide on-field physiotherapy for the TWGHs iRun Hong Kong Jockey Club Special Marathon 2018 (iRun 2018) to be held on 14 Jan 2018. The Sports Specialty Group will take charge of this project.
- ✧ HKPA was invited as the supporting organization of "Freedom on oxygen" as invited by the Hong Kong Thoracic Society held on 28 Oct 2017.
- ✧ HKPA was invited to support the 香港衛生服務界慶祝國慶籌委會 in 2017 and attended 香港衛生服務界慶祝國慶晚會 on 22 Sep 2017.
- ✧ HKPA was invited to attend the Opening Ceremony of the Holistic Health Conference to be held on 7 Oct 2017.

## Professional Development

- ✧ The Working Group for the Application of transcranial magnetic stimulation (TMS) shared the latest updates in literature, research and safety guidelines. Some outcome data was collected with shared protocols so as to explore the preferred treatment strategy. It was planned to further enhance the training and credentialing process.



- ✧ A Working Group, chaired by Dr. Margaret MAK, for conducting a survey to solicit the view of the public on the issue on “Direct Access on Physiotherapy” was formed. Mr. Gorman NGAI, Mr. Alexander WOO, Mr. Dennis CHEUNG and Dr. Clare CHAO are the members of the Working Group. The survey has been completed and submitted to Physiotherapists’ Board Hong Kong in Aug 2017 to facilitate the process of direct access.
- ✧ The Rehabilitation Technology Specialty Group organized 4-day MSK ultrasound imaging in sports medicine course with the Sports Medicine Ultrasound Group (SMUG) from 28 Aug to 1 May 2017.
- ✧ Ms. Harriet LO and Ms. Priscilla POON, on behalf of the HKPA attended meetings of the 認知障礙症聯席會議 to express the role of PT in dementia care to government officials and peer professionals.
- ✧ Ms. Mandy MAK, on behalf of HKPA, organized the seminar on “Pain and Movement Reasoning Model: integrating neuro-immune-endocrine interactions into clinical reasoning” on 22 Jun 2017 by Mr. Lester E. JONES, Pain Physiotherapist.

### Expressing Viewpoints on Health-related Issues

- ✧ Ms. Priscilla POON and Ms. Anna Bella SUEN, on behalf of HKPA, attended the 關注醫療衛生服務政策會議 2017 to meet with the officials of Food and Health Bureau as organized by Prof. Joseph LEE on 3 Mar 2017 to express our view on direct access and support to the physiotherapists working in NGO for a more structured career progression, specialty exposure, training and development.



*Meeting with the Officials for Food & Health Bureau*

- ✧ HKPA has expressed the view on the alignment of salary of physiotherapists working in Hospital Authority (HA) in the Allied Health Staff Group Consultative Committee of the HA. Mr. Charles LAI and Ms. Anna Bella SUEN are the representatives of the HKPA in the captioned Committee.
- ✧ HKPA provided feedback on the Regulatory Framework for Medical Devices in HK. Ms. Priscilla POON, Ms. Mandy MAK and Ms. Anna Bella SUEN, on behalf of HKPA, attended the meeting at Legislative Council on 25 Jan 2017 and Legislative Council Hearing on 13 Feb 2017 to express our view on the regulatory framework on medical devices.



*A group of PTs met at the Legislative Council Hearing on 13 Feb 2017*



- ✧ Ms. Ellie TANG, Mr. Brian MA, Ms. Judy WONG and Ms. Priscilla POON received an interview on Palliative and End-of-life Care in HK on 7 Mar 2017 as invited by the researchers of the Chinese University of Hong Kong.
- ✧ HKPA has made responses in various media to the Strategic Review on Healthcare Manpower Planning and Professional Development released on 14 Jun 2017. (English version: [http://www.hpdo.gov.hk/doc/e\\_sr\\_final\\_report.pdf](http://www.hpdo.gov.hk/doc/e_sr_final_report.pdf); Chinese version: [http://www.hpdo.gov.hk/doc/c\\_sr\\_final\\_report.pdf](http://www.hpdo.gov.hk/doc/c_sr_final_report.pdf)). The response in media interview can be retrieved from the below links. A joint conference was also held to express our view on PT manpower on 18 Jun 2017.
- RTHK on 14 Jun 2017  
<http://news.rthk.hk/rthk/ch/component/k2/1336165-20170614.htm>
- 物理治療業界回應醫護人手報告 批評低估人手短缺情況 – RTHK  
<http://news.rthk.hk/rthk/ch/component/k2/1336772-20170618.htm?spTabChangeable=0>
- TVB news  
<http://news.tvb.com/local/5946665e6db28cc66b597d69/>
- RTHK news  
<http://news.rthk.hk/rthk/ch/component/k2/1336772-20170618.htm>
- The Standard  
[http://www.thestandard.com.hk/section-news.php?id=184119&story\\_id=47373037&d\\_str=20170619&sid=4](http://www.thestandard.com.hk/section-news.php?id=184119&story_id=47373037&d_str=20170619&sid=4)
- Wen Wei Po  
[http://epaper.wenweipo.com/flipping\\_book/index.php#/wenweipo/20170619/0/2](http://epaper.wenweipo.com/flipping_book/index.php#/wenweipo/20170619/0/2)
- 香港經濟日報 on 14 Jun 2017  
<https://topick.hket.com/article/1836305/物理治療師渴才%E3%80%80>
- 盼自資院校培訓，物理治療師促增資助學額 - 香港文匯報  
<http://paper.wenweipo.com/2017/06/19/HK1706190003.htm>
- 成報 SING PAO DAILY NEWS  
<https://www.singpao.com.hk/mobile/index.php?fi=news1&id=35947#.WUcoeH9zoDw.whatsapp>
- 醫療鬧人手荒 梁卓偉倡向私院借鏡 | 即時新聞 | 港澳 | on.cc 東網  
[http://hk.on.cc/hk/bkn/cnt/news/20170618/mobile/bkn-20170618113635698-0618\\_00822\\_001.html](http://hk.on.cc/hk/bkn/cnt/news/20170618/mobile/bkn-20170618113635698-0618_00822_001.html)
- HKPA Facebook  
<https://www.facebook.com/HKPhysioAssoc/posts/1803488919666088>
- 物理治療業界憂學生畢業或未能取註冊資格 - Now 新聞手機版  
<http://news.now.com/mobile/local/player?newsId=225253>

## 物理治療師促增資助學額

香港文匯報訊（記者文森）特區政府日前公佈《醫護人力規劃和專業發展策略檢討報告》，推算物理治療師在2030年將有933人短缺。物理治療起點、香港物理治療學會及香港物理治療師協會昨日就該報告作出聯合回應，批評報告只着重現時公營服務，評核指標也只重視服務人次和時間，卻忽略了治療師在基層醫療及社區照顧等方面的工作，指出報告嚴重低估了物理治療師人手短缺現象。

### 憂自資培訓未必能註冊

聯合回應又指，現時培訓物理治療師的資助大學學位只有130個並不足夠，但檢討報告只建議學院增辦自資培訓，指現時督導委員會沒有為自資課程提供明確指引，又不需公開相關指引，擔心就讀的學生畢業後未必成功註冊

### 成物理治療師。

物理治療起點召集人列明慧表示，希望增加資助培訓學額，如在唯一提供相關課程的理工大學外院校增設課程，又指業界希望政府制訂治療師與病人比例，及改革物理治療師管理委員會，以治療師為主席，並增加業界民選代表

及病人代表，提高委員會透明度及問責性。

### 梁卓偉倡公營多勞多得

另外，檢討報告又估算香港到2030年均面對醫生人手荒，港大醫學院院長梁卓偉昨日出席一個電視節目時表示，政府在處理公營醫院人手不足和不均問題時，可向私營市場借鏡，把多勞多得，具彈性的工作範圍等相關概念引入公營市場。至於增加醫學院的收生額，他指，政府需解決目前教學資源不足的問題。

有醫護團體質疑報告的準確性，梁卓偉指出，報告是由港大及中大兩所醫學院不同專家提供技術支援，而專家並非商業顧問，其獨立性及可信度值得肯定，惟政府需解釋為何會以「現今服務水平」作數據基準，因以該些數據作研究，或低估了香港對醫護人手的需求。



多個物理治療師團體就醫護檢討報告作出聯合回應，批評報告忽略治療師在基層醫療及社區照顧等工作，低估人手短缺現象。



*Joint Press Conference on 18 Jun 2017*

- ✧ HKPA was invited by the 「香港長期照顧服務規劃標準關注組」 to provide feedback on the 長期照顧規劃標準 to reflect the actual needs of the aging population. Ms. Mandy MAK attended the sharing session ( 安老服務規劃標準交流會 ) held on 23 May 2017.
- ✧ HKPA collaborated with Joint Conference of Hong Kong Health Care Professional Organisation to submit our view on the policy on health care to make the current system sustainable one to cope with current challenges in local health care system in Jul 2017.
- ✧ HKPA provided the feedback to the Hong Kong Parkinson's Disease Foundation on the recent education series published in the Sky Post related to the article on "Occupational Therapy" stating that “ 以下介紹為一些職業治療中常用的治療方案：復康運動訓練，在治療師的指導下配合復康訓練，進行適當的物理治療，以增強患者肌肉的力度及整體的柔韌性 ……… ”. It seems that the public is not able to well comprehend the stated concept with confusion of the services provided by different disciplines. Therefore, HKPA raised the concern on the significance of explicit presentation of the distinct roles and services provided by different disciplines for an effective empowerment to the patients and carers. HKPA also requested for an amendment of the statement in the upcoming Sky Post for clarification.

### Support and Connections with Physiotherapy Students

- ✧ Ms. Priscilla POON, on behalf of the HKPA, was invited as a member of the Departmental Undergraduate Programme Committee of the Department of Rehabilitation Science, Hong Kong Polytechnic University to give feedback and advice on the undergraduate program design.
- ✧ Ms. Priscilla POON, on behalf of the HKPA, was invited as a member of the Advisory Committee on Rehabilitation Sciences of the Hong Kong Polytechnic University to facilitate a further communication with our sole local training institute for physiotherapists.
- ✧ Ms. Priscilla POON, on behalf of the HKPA, was invited as a member of the Entry Level Master Programme Committee of the Hong Kong Polytechnic University to facilitate a further communication with the local training institute for physiotherapists.
- ✧ Ms. Priscilla POON, on behalf of HKPA, attended the Hong Kong Physiotherapy Concern (HKPC) AGM forum on 10 Feb 2017.



*HKPC AGM Forum*



- ✧ Ms. Priscilla POON, on behalf of HKPA, attended the Inauguration Ceremony of Department of Rehabilitation Sciences, the Hong Kong Polytechnic University, on 30 Aug 2017. HKPA also granted 4 awards for Year 1, Year 2 & Year 3 Outstanding Student Awards and Best Final Year Project Award as a token of appreciation to our next generation as our general practice.
- ✧ HKPA was invited to join as the Organizing Committee for the RS 40th Anniversary and Mr. Kenneth LEUNG, on behalf of HKPA, attended 1st meeting on 10 Jul 2017.

### International Connections

- ✧ HKPA is one of the member organizations of the World Confederation of Physical Therapists (WCPT).
- ✧ Professor Marco PANG, on behalf of HKPA, attended the Annual General Meeting of Asia Western Pacific Meeting in Jul 2017.
- ✧ HKPA supported the PEDRO with USD500 for evidence-based practice.
- ✧ Mr. Brian MA, on behalf of HKPA, attended the Asian Physical Therapy Forum 2017” in Tokyo held on 27 & 28 Sep 2017.
- ✧ HKPA is engaged in the WCPT membership engagement strategy development, which is one of the key deliverable of the WCPT Business Plan by participating Skype interview.

### Conclusions

It is my prestige and pleasure to be in the position of presidency for 4 terms and for 20 years including my post as a membership secretary and Vice-president – really a long time! Of course, my work has been well supported by members and the young and energetic executive committee members. All the mentioned accomplishment is impossible without their engagement and motivation. The executive committee members and SG executive committee members spend their late night time or even their own vacation leave to contribute the Association and PT profession. I trust our professions will further grow and develop in a brighter and glorious future with our new generation. I hope the coming HKPA can be steered by our brilliant new generation for a new page of the Association.

### Acknowledgements

On behalf of HKPA, I would like to express our deepest appreciation Mr. Patrick L.T. WONG J.P. as our Honorary Auditor and Mr. Bronco M.T. BUT as our Honorary Legal Advisor for their expert advice and precious time to our Association for the past years.

I would also like to show my greatest thanks to all the executive committee members and chairpersons of all SGs for their dedicated effort and diligent work. HKPA will not able to grow and accomplish all the tasks as mentioned above without their everlasting courage.

Most importantly, I would like to express my sincere and greatest appreciation to all HKPA members, including all the student members for their unfailing support and enthusiasm for all the activities in the past year.

I, hereby, wish you and your families all the best and a prosperous future!

# ANNUAL REPORT OF HONORARY TREASURER 2016-2017

*Dr. Andy C.M. CHAN*

The completion of this treasurer report also marked the tenth year of tenure as the Honorary Treasurer of Hong Kong Physiotherapy Association (HKPA). I would like to take this opportunity to thank for the great assistance and efforts from the executive committee members and treasurers of various specialty groups that enabling me in managing the financial matters in a much more effective and efficient manner. Besides, I am indebted to the financial manager and honorary auditors who rendered their generous support in facilitating the processes of annual auditing.

The financial structure of HKPA in 2016-2017 remained steadfast. The continuous and unfailing support from members in membership subscription and participation of the courses and activities organized by HKPA and Specialty Groups (SGs) contributed enormously to the eventful bank transactions and hence well-off reserve of the association. The financial status of the association was shown clearly in the attached balance sheets.

## Income and Revenue

Training courses and activities organized by SGs took over membership fee as the biggest income in 2016/17 and contributed HKD824,748 to the HKPA account in this financial year. The unfailing support from members in continuous education was the key to success.

Membership fee accounted for the most stable and was one of the biggest sources of income in 2016/17. Some nine hundred membership numbers contributed HKD693,850 to the HKPA account which was a very significant amount of revenue to the association

Advertisements in News Bulletin and subscriptions of HKPA Journal formed another source of major income for the association. The amounts were HKD145,180.

However, income from bank interest was still very low in this financial year - HKD 334.

## Expenditure

Expenses in training courses organized by HKPA and SGs, together with the honorarium to speakers became the largest amount of expenditure in the financial year 2016/17. The amounts were HKD637,529 and HKD38,260, respectively, which contributed to 42.8% of the total expenditure

Postage, stamps, printing and stationery of News Bulletins and Hong Kong Physiotherapy Journals to members formed the second largest expense in this financial year. The sum was HKD253,873 and accounted for 16.1% of the total expenditure.

Administrative and office expenses such as telephone and internet fee, electricity fee, government rent and rates, salaries of part-time workers, building management fee, membership subscription fee and etc. was the third biggest expenditure, which consumed HKD240,648 (15.2% of the total expense) from the accounts of HKPA.

## Projection

The finance of HKPA is projected to be prosperous and growing continuously in the coming years. Definitely this can enhance further development of our profession. Let's keep making good use of our reserve to contribute and advance the profession.



**HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED**

香港物理治療學會有限公司

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

**STATEMENT OF COMPREHENSIVE INCOME  
YEAR ENDED 31 MARCH 2017**

|                                                            | <u>Note</u> | <u>2017</u><br>\$ | <u>2016</u><br>\$ |
|------------------------------------------------------------|-------------|-------------------|-------------------|
| <b>Income</b>                                              |             |                   |                   |
| Activity income                                            |             | 40,600            | 483,880           |
| Advertising income                                         |             | 145,180           | 107,399           |
| Bank interest income                                       |             | 334               | 324               |
| Honorarium received                                        |             | 52,740            | 41,400            |
| Subscription fee received                                  |             | 693,850           | 444,722           |
| Sundry income                                              |             | 28,073            | -                 |
| Training courses held                                      |             | 824,748           | 284,270           |
|                                                            |             | <hr/>             | <hr/>             |
|                                                            |             | 1,785,525         | 1,361,995         |
| <b>Expenditure</b>                                         |             |                   |                   |
| Accountancy fee                                            |             | 14,100            | 12,000            |
| Activity expenses                                          |             | 229,992           | 377,119           |
| Bank charges and interest                                  |             | 6,747             | 4,426             |
| Building management fee                                    |             | 20,466            | 19,596            |
| Depreciation                                               |             | 73,508            | 78,929            |
| Electricity                                                |             | 4,390             | 3,180             |
| Government rent and rates                                  |             | 10,686            | 7,890             |
| Hardware management fee                                    |             | 8,977             | -                 |
| Honorarium                                                 |             | 38,260            | 87,802            |
| Insurance                                                  |             | 3,041             | -                 |
| Membership fee                                             |             | 167,706           | 90,814            |
| Postage, stamps, printing and stationery                   |             | 253,873           | 433,804           |
| Legal and professional fee                                 |             | 1,400             | 2,900             |
| Repair and maintenance                                     |             | 38,740            | -                 |
| Salaries                                                   |             | 10,740            | 13,020            |
| Sponsorship                                                |             | 18,000            | -                 |
| Student awards                                             |             | 8,000             | 12,000            |
| Sundries                                                   |             | 3,000             | 1,400             |
| Telephone and internet                                     |             | 26,660            | 7,518             |
| Training courses expenses                                  |             | 637,529           | 195,439           |
|                                                            |             | <hr/>             | <hr/>             |
|                                                            |             | (1,575,815)       | (1,347,837)       |
| <b>Surplus before tax</b>                                  |             | <hr/>             | <hr/>             |
| Income tax expense                                         | 3           | 209,710           | 14,158            |
|                                                            |             | <hr/>             | <hr/>             |
| <b>Surplus and total comprehensive income for the year</b> |             | <hr/>             | <hr/>             |
|                                                            |             | 209,710           | 14,158            |
|                                                            |             | <hr/>             | <hr/>             |

## HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

香港物理治療學會有限公司

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF FINANCIAL POSITION  
AT 31 MARCH 2017

|                           | Notes | 2017<br>\$ | 2016<br>\$ |
|---------------------------|-------|------------|------------|
| <b>Non-current asset</b>  |       |            |            |
| Property and equipment    | 5     | 2,420,406  | 2,493,914  |
| <b>Current assets</b>     |       |            |            |
| Utility deposits          |       | 5,900      | 5,900      |
| Account receivable        |       | 9,150      | 1,100      |
| Prepayments               |       | 139,640    | 44,640     |
| Other receivable          |       | 96,700     | 96,700     |
| Cash and cash equivalents | 6     | 3,704,698  | 3,494,611  |
|                           |       | 3,956,088  | 3,642,951  |
| Deduct:-                  |       |            |            |
| <b>Current liability</b>  |       |            |            |
| Accrued charges           |       | 100,451    | 70,532     |
| <b>Net current assets</b> |       | 3,855,637  | 3,572,419  |
| <b>Net assets</b>         |       | 6,276,043  | 6,066,333  |
| Representing:-            |       |            |            |
| <b>Funds</b>              |       |            |            |
| Mrs. E Wong Fund          | 7     | 150,945    | 150,945    |
| General Fund              |       | 6,125,098  | 5,915,388  |
|                           |       | 6,276,043  | 6,066,333  |

APPROVED BY THE EXECUTIVE COMMITTEE:-


POON Yee Hung Priscilla  
President

CHAN Chi Ming  
Treasurer



**HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED**  
香港物理治療學會有限公司  
(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

**STATEMENT OF CHANGES IN FUNDS  
YEAR ENDED 31 MARCH 2017**

|                              | General<br><u>Fund</u><br>\$ | Mrs. E Wong<br><u>Fund</u><br>\$ | <u>Total</u><br>\$ |
|------------------------------|------------------------------|----------------------------------|--------------------|
| <b>Balance at 01/04/2015</b> | 5,901,230                    | 150,945                          | 6,052,175          |
| Surplus for the year         | 14,158                       | -                                | 14,158             |
| <b>Balance at 31/03/2016</b> | 5,915,388                    | 150,945                          | 6,066,333          |
| Surplus for the year         | 209,710                      | -                                | 209,710            |
| <b>Balance at 31/03/2017</b> | 6,125,098                    | 150,945                          | 6,276,043          |

## HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

香港物理治療學會有限公司

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF CASH FLOW  
YEAR ENDED 31 MARCH 2017

|                                                           | <u>Note</u> | <u>2017</u><br>\$ | <u>2016</u><br>\$ |
|-----------------------------------------------------------|-------------|-------------------|-------------------|
| <b>Operating activities</b>                               |             |                   |                   |
| Surplus for the year                                      |             | 209,710           | 14,158            |
| Adjustments for:                                          |             |                   |                   |
| Depreciation                                              |             | 73,508            | 78,929            |
| Bank interest income                                      |             | (334)             | (324)             |
|                                                           |             | -----             | -----             |
| Operating surplus before working capital changes          |             | 282,884           | 92,763            |
| Increase in account receivable                            |             | (8,050)           | -                 |
| Increase in prepayments                                   |             | (95,000)          | -                 |
| Increase in accrued charges                               |             | 29,919            | 37,943            |
|                                                           |             | -----             | -----             |
| Net cash generated from operating activities              |             | 209,753           | 130,706           |
|                                                           |             | -----             | -----             |
| <b>Investing activity</b>                                 |             |                   |                   |
| Interest received                                         |             | 334               | 324               |
|                                                           |             | -----             | -----             |
| Net cash generated from investing activity                |             | 334               | 324               |
|                                                           |             | -----             | -----             |
| <b>Net increase in cash and cash equivalents</b>          |             | 210,087           | 131,030           |
| <b>Cash and cash equivalents at beginning of the year</b> |             | 3,494,611         | 3,363,581         |
|                                                           |             | -----             | -----             |
| <b>Cash and cash equivalents at end of the year</b>       | 7           | 3,704,698         | 3,494,611         |
|                                                           |             | =====             | =====             |



## ANNUAL REPORT OF SENIOR MANAGER (MEMBERSHIP) 2016-2017

Mr. Daniel K.W. CHAU

### HKPA Membership

Enrolling HKPA membership serves to uphold professionalism when practising physiotherapy in Hong Kong. Members can enjoy a package of rewards, including HKPA News Bulletin, Hong Kong Physiotherapy Journal and priority in enrolling on courses and seminars upon annual subscription. As dated to 31 July 2017, there are 887 members having active HKPA membership (Figure 1) with 57 new members joining us this year. Updating contacts including e-mail and correspondence address is of utmost importance to assure up-to-date delivery of our latest publications and information.

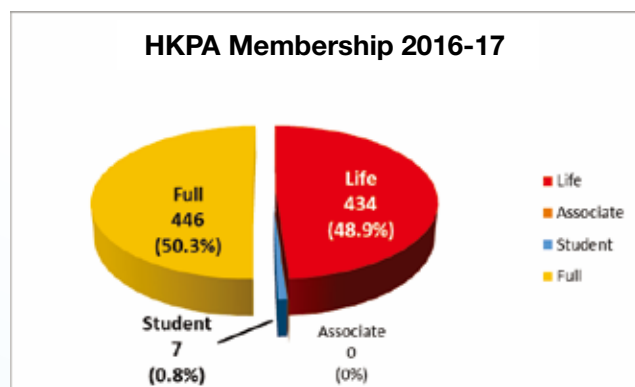


Figure 1. Membership of HKPA 2016-17

### Speciality Groups

HKPA organises a variety of courses in which encourage specialisation, promote evidence-based practice and advance the professionalism of physiotherapy practice. Members can enjoy privileged discount and priority in enrolling on courses by joining the respective speciality group. Composed of 887 active members with 212 from speciality groups' enrolment, HKPA supports and enhances career development, striving for further development of specialisation and promotion of our professionalism. Figure 2 shows the numbers of members under various speciality groups of this year.

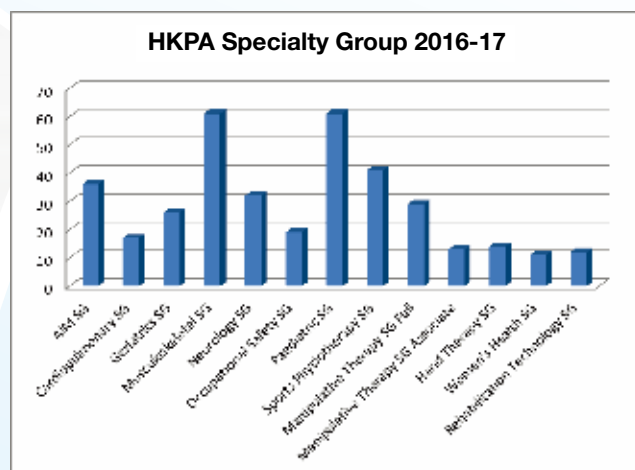


Figure 2. Membership of the Specialty Groups 2016-17

### Members' Welfare

Association of Hong Kong Nursing Staff (香港護士協會) has been allowing HKPA members to purchase their goods at members' prices since 2012 by showing the HKPA membership card.

Besides, we are delighted to announce that our HKPA members are entitled to enjoy the membership benefit of Hong Kong Professional Teachers' Union (HKPTU) (教協) from 1 August 2016 to 31 July 2018 by presenting HKPA membership card in HKPTU's Causeway Bay Centre and Mong Kok Centre.

HKPA will continue to explore other opportunities to promote members' welfare.

## ANNUAL REPORT OF VICE-PRESIDENT (RESEARCH & PUBLICATION) 2016-2017

*Prof. Macro Y.C. PANG*

During the reporting period (July 2016-June 2017), we continued to publish the Hong Kong Physiotherapy Association News Bulletin on a bimonthly basis. The Hong Kong Physiotherapy Journal received a total of 72 submissions in the reporting period, which had substantially increased by 38% (20 more manuscripts) compared with the last reporting period. In the two issues published (Vol. 35 and Vol. 36), there were a total of 12 original research articles, 1 review paper, and 1 editorial article. The submissions were originated from various regions, including Australia, Brazil, Hong Kong, India, Japan, Nigeria, Thailand, and United Arab Emirates. The topics covered were diverse, including osteoarthritis, chronic heart failure, mechanical neck pain, chest physiotherapy, assessment of posture, balance and mobility, aquatic therapy, and health promotion.

Starting in January 1, 2018, Elsevier will no longer be the publisher of the Hong Kong Physiotherapy Journal. We have successfully identified a new publisher, World Scientific Press, to continue to publish our Journal after our contract with Elsevier expires at the end of 2017. The Editorial Board is working closely with both publishing companies during this period to ensure a smooth transition.

## ANNUAL REPORT OF MANAGER (PROFESSIONAL DEVELOPMENT - CPD) 2016-2017

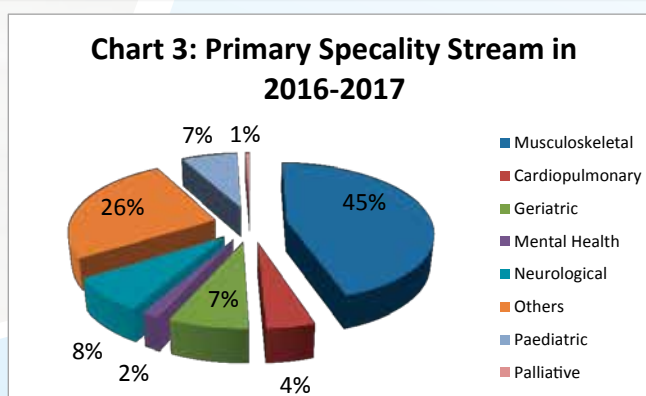
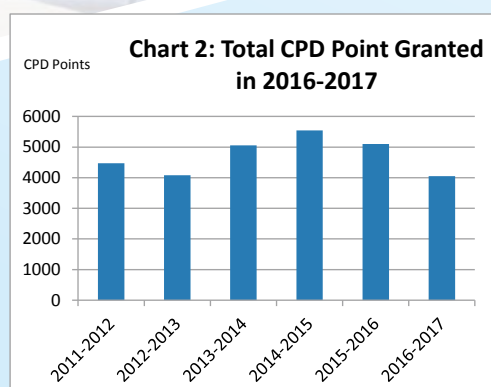
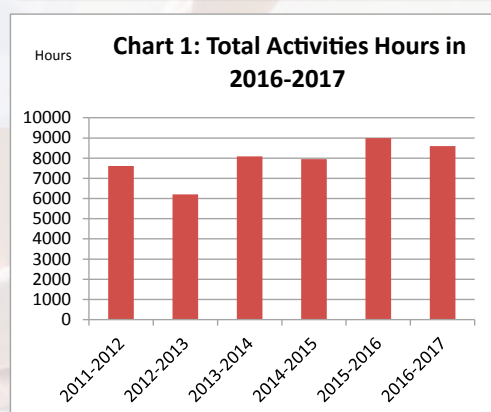
*Ms. Mandy M. Y. MAK*

The Continuing Professional Development (CPD) program has been providing our members an assorted and extensive learning opportunity from basic knowledge to specialized skills.

In the last year, there was 312 courses had been accredited in our CPD scheme. The total contact duration of the all accredited CPD activities was 8594 hours (Table 1 and chart 1, 2). There was wide spectrum of coverage of those CPD activities (Chart 3). Our members could enjoy their learning opportunities, which were provided by different training institutes and academic organizations. In addition, the Specialty Groups of Hong Kong Physiotherapy Association had organized 27 structural seminars, certificate courses and workshops in different specialties for our members to uplift their professional knowledge and standards.

The details of accreditation were summarized in Table 1 and chart 1 and 2 as follows:

| Cycle Year | Number of Courses Accredited | CPD Points Granted | Total Course Duration (Hour) |
|------------|------------------------------|--------------------|------------------------------|
| 2011-2012  | 379                          | 4475               | 7613                         |
| 2012-2013  | 354                          | 4081               | 6200                         |
| 2013-2014  | 307                          | 5056               | 8082                         |
| 2014-2015  | 317                          | 5542               | 7946                         |
| 2015-2016  | 326                          | 5102               | 8989                         |
| 2016-2017  | 312                          | 4049               | 8594                         |



The Hong Kong Physiotherapy Association executive committee members trust that a continuing learning culture is an important element for our professional development. In order to sustain our long term competitiveness, it is essential for us to equip with updated knowledge and advanced skills to embrace the new challenges ahead.

Finally, I would like to express my heartfelt gratitude to the President of HKPA, Ms. Priscilla POON, executive members of HKPA and members of CPD committee for the support and guidance to the work of the CPD scheme.



# ANNUAL REPORT OF SENIOR MANAGER (INFORMATION TECHNOLOGY) 2016-2017

*Mr. Brian F. C. MA*

## Electronic Direct Mail System and Social Network System

We have successfully established an Electronic Direct Mail (eDM) System since 2012 which is more effective and environmental friendly than traditional post office mail. Moreover, we also established a Social Network communication channel through Facebook. The news broadcasted through eDM and Facebook should take place regularly. We have over 90% of members willing to provide email address for eDM purpose. With response to the post in Facebook, the readership varied could reach 4.8K.

| All Posts Published                                                                                       |                                                                                                                                 |      |           |       |            |            |  |
|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------|-----------|-------|------------|------------|--|
| <span>Reach: Organic / Paid</span> <span>Post Clicks</span> <span>Reactions, Comments &amp; Shares</span> |                                                                                                                                 |      |           |       |            |            |  |
| Published                                                                                                 | Post                                                                                                                            | Type | Targeting | Reach | Engagement | Promote    |  |
| 06/18/2017<br>6:14 pm                                                                                     | 【物理治療業界「醫療人力規劃和專業發展策略檢討報告」的聯合                                                                                                   |      |           | 4.8K  | 531<br>84  | Boost Post |  |
| 06/05/2017<br>9:20 pm                                                                                     | Cancellation of Geriatrics Specialty Group BGM                                                                                  |      |           | 1.3K  | 91<br>0    | Boost Post |  |
| 04/08/2017<br>7:48 pm                                                                                     | <a href="http://www.hongkongpa.com.hk/Download/20170526_MSG.pdf">http://www.hongkongpa.com.hk/Download/20170526_MSG.pdf</a>     |      |           | 1.3K  | 234<br>0   | Boost Post |  |
| 05/13/2017<br>9:50 pm                                                                                     | HKPA CONFERENCE 2017 "Excellence in Physiotherapy" Marc                                                                         |      |           | 1.3K  | 558<br>1   | Boost Post |  |
| 06/19/2017<br>6:26 pm                                                                                     | HKPA - Feedback on Report on Strategic Review on Healthcare                                                                     |      |           | 1.3K  | 112<br>26  | Boost Post |  |
| 04/08/2017<br>7:52 pm                                                                                     | HKPA: Seminar on " Pain and Movement Reasoning Model                                                                            |      |           | 1.3K  | 207<br>1   | Boost Post |  |
| 05/13/2017<br>9:43 pm                                                                                     | <a href="http://www.hongkongpa.com.hk/Download/20170708_PSG.pdf">http://www.hongkongpa.com.hk/Download/20170708_PSG.pdf</a>     |      |           | 1.2K  | 155<br>0   | Boost Post |  |
| 05/13/2017<br>9:45 pm                                                                                     | <a href="http://www.hongkongpa.com.hk/Download/201707406_CPSG.pdf">http://www.hongkongpa.com.hk/Download/201707406_CPSG.pdf</a> |      |           | 1.2K  | 141<br>0   | Boost Post |  |
| 05/13/2017<br>9:46 pm                                                                                     | GSG: BGM cum Seminar on "Exercise Intervention for Dementia"                                                                    |      |           | 1.1K  | 142<br>0   | Boost Post |  |
| 06/10/2017<br>8:58 pm                                                                                     | 香港物理治療學會 2017 聯歡晚宴                                                                                                              |      |           | 1.1K  | 52<br>20   | Boost Post |  |
| 06/08/2017<br>6:08 pm                                                                                     | <a href="http://www.hongkongpa.com.hk/Download/20170708_HTSG.pdf">http://www.hongkongpa.com.hk/Download/20170708_HTSG.pdf</a>   |      |           | 1K    | 157<br>0   | Boost Post |  |
| 06/08/2017<br>6:11 pm                                                                                     | Recruitment for On-field Sports Physiotherapy Volunteers for Ox                                                                 |      |           | 923   | 131<br>0   | Boost Post |  |

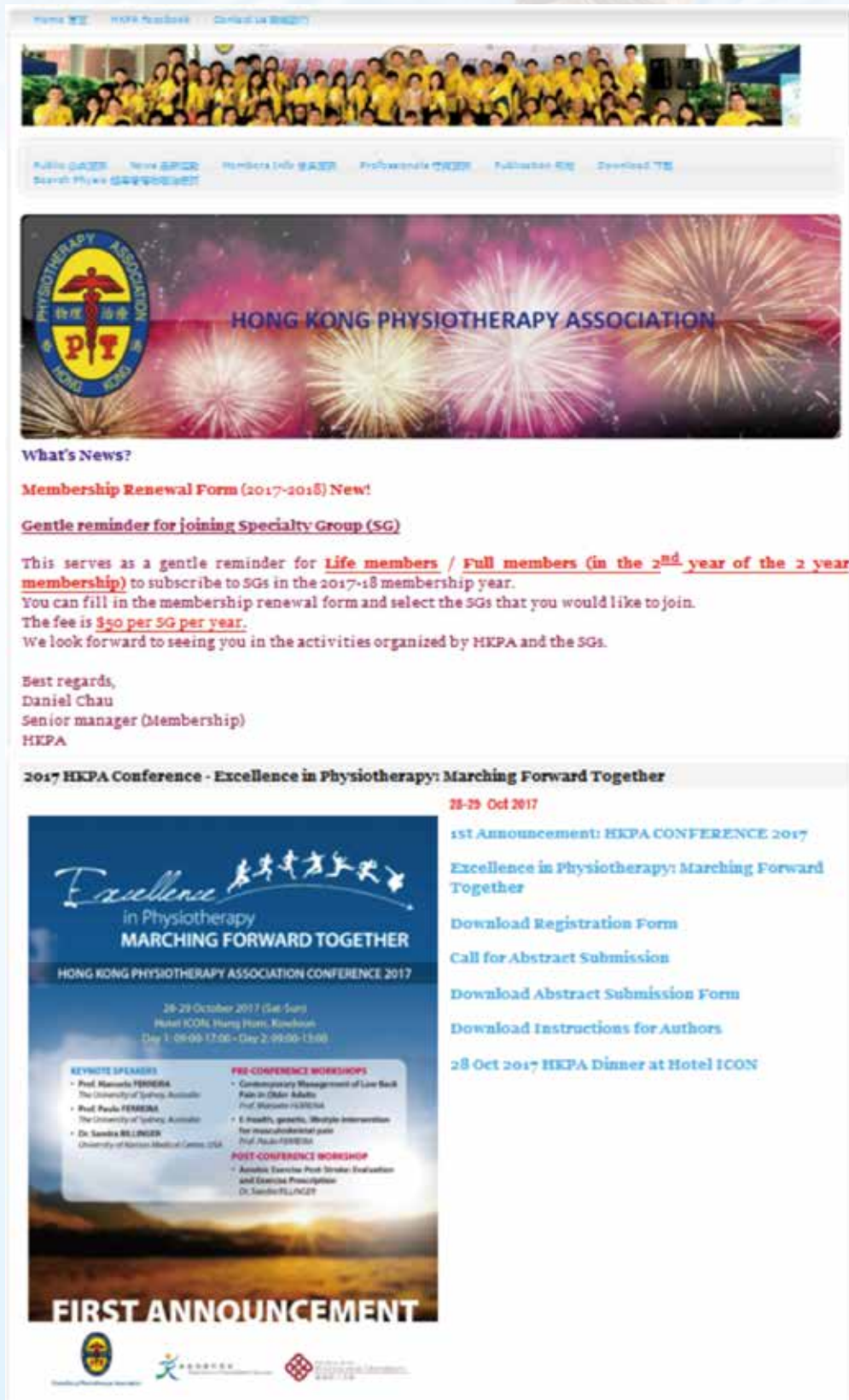
### Electronic Physiotherapist Directory

Since April 2013, HKPA launched Electronic Physiotherapist Directory (ePTD: [http://www.hongkongpa.com.hk/search\\_physio.html](http://www.hongkongpa.com.hk/search_physio.html)) in order to provide online search of physiotherapy service in Hong Kong for local service users. The ePTD contained **more than 350 records** of Hong Kong Registered Physiotherapists and it will continuously refreshing and enriching. For Physiotherapist colleagues who would like to share their information for public access, they should complete the data collection form ([http://www.hongkongpa.com.hk/Download/20130824\\_Data\\_Collection\\_Form.pdf](http://www.hongkongpa.com.hk/Download/20130824_Data_Collection_Form.pdf)) and return it to Senior Manager (IT) ([physio.brian@gmail.com](mailto:physio.brian@gmail.com)) for data processing.

### Net Profit from HKPA Website and Email Advertisement

The operational cost of HKPA Website server is HKD \$800 per month. We have another source of income from HKPA website and email advertisement with amount of HKD\$19,350 between in 2016 / 17 which means we gained \$9,750 net profit.

| Year     | Sponsor                                                    | Income            |
|----------|------------------------------------------------------------|-------------------|
| Jan 2017 | The University of Hong Kong                                | HK\$3,000         |
| Feb 2017 | Institute of Holistic Healthcare                           | HK\$1,500         |
| Feb 2017 | Phoelia (Far East) Co., Ltd                                | HK\$1,650         |
| Mar 2017 | International Board Certified Lactation Consultant (IBCLC) | HK\$1,650         |
| Apr 2017 | Institute of Holistic Healthcare                           | HK\$1,650         |
| May 2017 | City University of Hong Kong                               | HK\$3,300         |
| May 2017 | GRS Vitality Centre                                        | HK\$3,300         |
| Jun 2017 | GSBE Company Ltd                                           | HK\$3,300         |
|          |                                                            | <b>HK\$19,350</b> |



### Acknowledgement of Contribution from IT Manager

We should like express our sincere appreciation to **Mr. Thomas Kwok (IT Manager)** for his unfailing support to maintain the Electronic Direct Mail (eDM) System since 2012.



## ANNUAL REPORT OF ACUPUNCTURE AND INTEGRATIVE MEDICINE SPECIALTY GROUP 2016-2017

*Mr. Eric Y. T. LAW*

### Activities

The summary of activities organized by Acupuncture and Integrative Medicine Specialty Group in 2016-2017 is as follows:

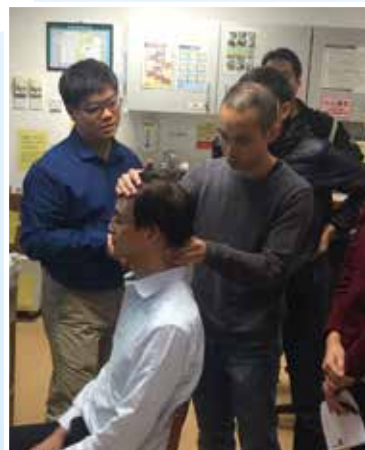
- Date : 12 May 2016  
Activity : Biennial General Meeting:  
AIMS – A Problem Oriented  
Approach Deriving from  
Acupuncture, Chinese Medicine,  
Maitland, Bobath and CST  
Speaker : Mr. Alex WONG  
Venue : HKPA Premises



- Date : 16 July 2016  
Activity : Clinical Practice of Pilates and Yoga for Spine Rehabilitation  
Speaker : Ms. Gigi TSANG  
Venue : HKPA Premises



- Date : 26 November 2016  
Activity : Introductory Workshop on  
AIMS approach for Cervical  
Conditions  
Speaker : Mr. Alex WONG  
Venue : G/F., Block P, Physiotherapy  
Department, United Christian  
Hospital



- Date : 27 May 2017
- Activity : Clinical Application of Craniosacral Therapy in Chronic Pain Management
- Speaker : Mr. Kerry FUNG
- Venue : G/F., Block P, Physiotherapy Department, United Christian Hospital



### Way Ahead

The Acupuncture and Integrative Medicine Specialty Group, as a member organization of International Acupuncture Association of Physical Therapists, will continue to serve our members by sharing clinical experience and knowledge and promoting the use of acupuncture in clinical situations. We would also explore development in areas related to integrative medicine. In order to enhance the future development of AIMSG, we are seeking your precious advice and suggestions on acupuncture and integrative medicine. Your opinion can be directed to our public relation officers Ms. Ada S. K. Tsui at [tsuiska@ha.org.hk](mailto:tsuiska@ha.org.hk) or Mr. Derek K.H. Yeung at [derekykh@gmail.com](mailto:derekykh@gmail.com).



## ANNUAL REPORT OF CARDIOPULMONARY SPECIALTY GROUP 2016-2017

**Mr. Eyckle C. H. WONG**

“Dance for diabetes patients” and “exercise is medicine” are our main themes in this year. During this year, we fulfilled and coordinated CPD activities for members to brush up and enhance cardiopulmonary professional standards as follows:

### ***Clinical Seminars: Updates medical management in diabetes mellitus and physiotherapy management for diabetes mellitus – updates in exercise prescriptions and demonstration of sitting aerobic***

We invited Dr. Doris Chan, Associate Consultant of Medicine and Geriatrics Department of Pok Oi Hospital to give us a fruitful talk on medical management in diabetes mellitus. As a leading role of exercise prescription, CPSG chairperson, Mr. Eyckle WONG also taught the colleagues the steps in sitting dance. CPSG hopes more colleagues can take roles into “dance for diabetes patients” in coming years.

### ***Dance steps in sitting, Promotional Video Shooting, and pressed in mass media, TVB magazine***

Following the co-joint project of DM song – “Let’s Move it” and Dance for Diabetes Mellitus in 2014 by Association of Diabetes Nurses, HKPA and SANOFI, a promotional video shooting on dance steps in sitting and in standing was proceeded in November 2016. CPSG executive committee members worked on dance steps and video shooting with nursing staff from AHKDN. Workshop on Diabetes Mellitus (DM) ambassadors from HKPA CPSG and Association of Diabetes Nurses was held in September 2016. The project aims at promoting positive living and regular exercises for those DM patients either in sitting or in standing. Precautions and safety measures were provided to DM ambassadors in their education and demonstration.



*Physiotherapists involved in promotional video in dance steps for diabetes mellitus*



*CPSG exco showed sitting dance and standing dance steps in TVB magazine*

### ***Workshops on 6<sup>th</sup> Asian Preventive Cardiology and Cardiac Rehabilitation and 10<sup>th</sup> Certificate course in cardiac rehabilitation***

CPSG was invited to deliver the exercise workshop for the professions on prescriptions of exercises for cardiac cases. This year, we targeted the professions for teaching cardiac cases in sitting aerobic exercises. Doctors, nursing staff and physiotherapists coming from other countries were very joyful to the program and had many inspirations in “exercise in sitting”.



*Grace and Eyckle present and demonstrate chair exercise for cardiac patients*



### ***Exercise is Medicine and its works***

“Exercise is Medicine” (EIM) was the advisory board to promote exercises for health in Hong Kong, in which it was established by 8 foundation organizations. The coordinator is the Physical Fitness Association of Hong Kong, China. Hong Kong Physiotherapy Association (HKPA) is one of the eight founders. CPSG represents HKPA to coordinate, organize the works in this advisory board. In February and July 2017, EIM held the meetings to schedule coming works on “Exercise is Medicine”. The coming scientific meetings and conference will be “Updates in exercise is medicine in Asia” in January, 2018.



*Exercise is Medicine is the advisory board and established by 8 founders.  
Hong Kong Physiotherapy Association is one of the eight founders.*

### ***Drum Dance in Diabetes Mellitus Conference 2017***

CPSG exco participated and involved in Drum Dance in Eyes on Diabetes Mellitus Conference in May 2017. We aimed at promotion of exercises for diabetes mellitus patients to stabilize the blood glucose level in their life and works.



*CPSG exco participated in drum dance in Eyes on Diabetes Conferene 2017*

### ***Clinical Seminar on Medical and Physiotherapy Updates on Palliative Care for end stage COPD***

CPSG organized clinical seminar in July 2017 and invited Dr. Benjamin Cheng, Associate Consultant of Medicine and Geriatrics Department at Tuen Mun Hospital to update the roles in medical cares in end stage COPD. Also, Kermit Chan, Physiotherapist I of Ruttonjee Hospital gave a scientific evidence based approach in physiotherapy management for end stage COPD.

## 1. The Way Forward

HKPA CPSG, as a member of the WCPT international confederation of Cardio-respiratory Physical Therapists, continue to serve as a platform for members to share clinical experience and updated knowledge. We also explore new development in the areas related to our specialty of cardiopulmonary rehabilitation, health promotion and prevention of cardiovascular risks.

## 2. Community Diabetes Dance Program

CPSG, works with Hong Kong Diabetes Nursing Association on community diabetes dance program. The program involves blood glucose monitoring before and after exercise, standing and sitting aerobic exercises for diabetes patients. It is scheduled and is going to work as a community program in 2017. The programs are launched in Tuen Mun and Wan Chai. The coming program will be in Tseung Kwan O. CPSG invites more physiotherapists to be exercise ambassadors and to involve in this program.

We are going to organize the CPD seminars and continue to collaborate with the government and different organizations to conduct health promoting talks. We are grateful to have your continuous support and look forwards to seeing you in our coming CPSG activities.



## ANNUAL REPORT OF GERIATRICS SPECIALTY GROUP 2016-2017

*Mr. Steven H. L. CHEUNG*

It is no doubt that there is population aging in Hong Kong. It increases the demand of physiotherapy services in both hospital and community settings. It is essential to uphold physiotherapy standards in geriatric service and promote healthy aging in our community.

### Activities and Events:

The following was the summary of activities and events organized or participated by Geriatrics Specialty Group (GSG) in the past year:

*Date: 30 September 2016 to 9 December 2016 (Total: 16.5 hours)*

Activity:

**“Health Qigong Ba Duan Jin Rehabilitation Instructor Training Course” (健身氣功八段錦復康導師証書課程)**

Instructor:

Tin Siu Ping, coach of Health Qigong Association of Hong Kong, China (中國香港健身氣功總會)



*Group photo after issue of certificate*

*Date: 10 November 2016*

Activity:

**Deliver educational talk (長者常見痛症及護理) to elder people in community center (新蒲崗長者鄰舍中心)**

Speaker:

Ms. Polly Lo, GSG executive committee



*Educational talk delivered by Ms. Polly Lo*



*Date: 21 January 2017*

Activity:

**Dance exercise demonstration for Golden Age Foundation Expo & Submit 2017  
(黃金時代展覽暨高峰會2017)**

Hong Kong Physiotherapy Association (HKPA) was invited by Professor Geoffrey LIEU to design and demonstrate dance exercise in “Golden Age Foundation Expo & Submit 2017”, so as to promote exercise for “Golden Age”. GSG designed a 2-minute dance exercise, “Get Moving 黃金操”. It was demonstrated by GSG executive committee members, Ms. Angela LEE, Ms. Polly LO and physiotherapist volunteers from Pok Oi Hospital.



*Group photo*



*Dance exercise “Get Moving 黃金操” demonstration*

*Date: 21 March 2017*

Activity:

**Metro Radio program “原來生活好快樂”**

HKPA was invited by Mrs. Rebecca YUNG, founder and chairwoman of Golden Age Foundation to be the guest speaker at their regular Metro Radio program “原來生活好快樂”. The show was co-hosted by a Metro Radio DJ and Mrs. YUNG, talking about topics related to the “Golden Age”.

Mr. Steven CHEUNG, chairman of GSG represented HKPA and shared opinions on exercise and activities for “Golden Age”.



*Photo with Mrs. Rebecca Yung and Metro Radio DJ*

*Date: 3 June 2017*

Activity:

**安老服務規劃標準交流會**

GSG executive committee, Ms. Leona YAN and Mr. Brian WONG represented HKPA to attend 安老服務規劃標準交流會.

**Looking Ahead**

In the coming year, GSG will continue to enhance the academic development and clinical skills in geriatric specialty among our colleagues and promote the development of healthy aging in our community.

**Acknowledgement**

I would like to take this opportunity to express my sincere thanks to all committee members of GSG for their continuous effort in the past year.

# ANNUAL REPORT OF HAND THERAPY SPECIALTY GROUP 2016-2017

*Mr. Raymond C. C. TSANG*

In the year of 2016-17, the Hand Therapy Specialty Group organized the following activity:

| Date        | Topic                                  | Speakers                                                                                                             |                                                                                       |
|-------------|----------------------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 8 July 2017 | Management of Elbow and Hand Stiffness | Ms. May LUK<br>Physiotherapist I<br>Physiotherapy<br>Department<br>Queen Elizabeth Hospital                          |    |
|             |                                        | Mr. Kenneth CHUNG<br>Private physiotherapist                                                                         |                                                                                       |
|             |                                        | Mr. Raymond TSANG<br>Department Manager<br>Physiotherapy<br>Department<br>MacLehose Medical<br>Rehabilitation Centre |   |
|             |                                        |                                                                                                                      |  |
|             |                                        |                                                                                                                      |  |

## ANNUAL REPORT OF MANIPULATIVE THERAPY SPECIALTY GROUP 2016-2017

*Dr. Nicola MOK*

2016-17 was a relatively quiet year for MTSG after a hectic 2015-16. However, we still managed to arrange Professor Gwen Jull to come and give us a course in September 2016:

| Date           | Programme                                                                                                 | Speaker         |
|----------------|-----------------------------------------------------------------------------------------------------------|-----------------|
| September 2016 | The Management of Cervical Disorders: An Evidence-based Approach with an Emphasis on Therapeutic Exercise | Prof. Gwen JULL |



*Demonstration of cervical proprioception training*



*The happy group at the end of the workshop*



Following the 2016 IFOMPT meeting, I was invited to join its Research Advisory Board. The duties of this board are:

1. Establishing IFOMPT as a knowledge broker, by identifying current or recently completed national research projects worthwhile for the IFOMPT community to internationally collaborate on, reaching for consensus and adoption (e.g. guidelines, frameworks, evidence statements, core sets);
2. Prioritise projects for IFOMPT to cooperate on internationally;
3. Identify projects in member countries, in which international collaboration is strived for and could be used to initiate cross cultural research, with an important value for IFOMPT (e.g. cross-cultural translation, cultural adaptations of measurement tools, red flags);
4. Identify important stakeholders/ partners/ countries, researchers, clinicians, institutes, useful for IFOMPT, collaborate and support in name in applying for grants by a third party in for IFOMPT relevant research grant proposals;
5. Identify and distribute research grant opportunities for researchers and institutions associated with IFOMPT;
6. Dissemination of knowledge by Evidence Release and Research Review, and entering into agreements with journals (JOSPT, Manual Therapy).

If you find the advisory board helpful to your research, please feel free to contact me for further discussion.

## ANNUAL REPORT OF MUSCULOSKELETAL SPECIALTY GROUP 2016-2017

*Mr. Raymond C. C. TSANG*

In the year of 2016-17, the Musculoskeletal Specialty Group organized and participated in the following activities:

| Date            | Topic                                                                                                                                                                 | Speakers/Instructors                                                                                                                                                                                     |
|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 23 October 2016 | HKARF International Arthritis Day Carnival 2016 – Exercise Demonstration                                                                                              | Mr. Patrick HO<br>Physiotherapist<br>Physiotherapy Department<br>Princess Margaret Hospital<br>+<br>6 PolyU Physiotherapy Students                                                                       |
| 24 April 2017   | Joint Activity with Occupational Safety, Health and Rehabilitation Specialty Group:<br><br>Ergomotor Intervention for People with Work-related Neck and Shoulder Pain | Dr. Grace SZETO<br>Associate Professor<br>Dr. Sharon TSANG<br>Assistant Professor<br>Dr. Billy SO<br>Clinical Associate<br>Department of Rehabilitation Sciences<br>The Hong Kong Polytechnic University |



| Date                            | Topic                                                                                                                                        | Speakers/Instructors                                  |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
| 26 May 2017                     | Shockwave Therapy for Myofascial Pain                                                                                                        | Dr. Carlo DI MAIO<br>German Physical Therapist        |
| 8 & 15 September 2017 (planned) | Introduction to Applied Pedorthics:<br>Part I - Common Hindfoot Symptoms Related to Pathomechanics - Pedorthic Assessment and Foot Screening | Mr. Daniel PANG<br>Private Certified Pedorthist (USA) |





## ANNUAL REPORT OF NEUROLOGY SPECIALTY GROUP 2016-2017

*Mr. Wingson W.C. CHAN*



With the effort of our dedicated group members, several courses have been planned in the year 2017.

The **Credentialing Course on the Application of Transcranial Magnetic Stimulation** was planned in September. However, due to unforeseen reason, this intensive course was postponed.

In the last NSG executive committee meeting in June, several courses have been planned including the ‘**Seminar on Constrained Induced Movement Therapy**’ in November, **quarterly ‘Clinical Case Presentations Forum’** in coming year. On behalf of the executive committee, we expect your active participation in the courses.

We are pleased to announce a new executive committee member, Mr. Elliot CHENG joined us with the acceptance of whole executive committee members in last meeting. I believe Elliot would make great contribution toward our group and the profession as well.

In the future, NSG will continue to take up the important role in enhancing professional development and specialty advancement in neurological rehabilitation.

I have to thank my executive committee members for their dedication and friendship developed in the process of service.

Last but not least, your support and participation towards our group is particularly important. Either joining our activities or joining to be our executive committee members is most welcome.

## ANNUAL REPORT OF OCCUPATIONAL SAFETY, HEALTH & REHABILITATION SPECIALTY GROUP 2016-2017

*Mr. Alexander C.H. WOO*

In 2016 and 2017, OSHRSG continued to apply our professional knowledge into our daily practices. One evening seminar was organized regarding ergomotor intervention for people with work-related neck-shoulder pain.

This was the first time the Musculoskeletal Specialty Group (MSG) and the OSHRSG worked together to organize a seminar. The concept of “Ergomotor Intervention” was introduced in this workshop to improve the carry over effect and reduce the recurrence rate. In the seminar, Dr. Grace SZETO, Dr. Sharon TSANG and Dr. Billy SO shared their innovative studies and profound results. Through the interactive presentation, lively demonstration and active participation, about 40 participants did reflect some new insights in treating those work-related musculoskeletal disorders in their daily practice.



*Presentation of souvenir to Grace, Sharon and Billy*



*Interactive presentation by Grace and Sharon*

In addition to organizing the seminars, OSHRSG also provided support and expert opinion in different settings and associations. OSHRSG was invited to offer risk assessment in handling violent patients in hospital setting and perform ergonomic assessment in office settings with more than 900 staffs.

Please do not forget to visit our website (<http://www.hongkongpa.com.hk/sg/oshrsg/Index.html>) which is continuously updated with conferences, training courses in both local and foreign institutions, teaching and training materials, posters and pamphlets of occupational safety and health in our resource library.

In the coming year, OSHRSG will continue to focus on the practical aspect of occupational safety and health as well as exploring more opportunities to collaborate with other specialty groups and inviting foreign speakers to share their expertise and experience. We look forward to seeing you in our coming events!





# ANNUAL REPORT OF PAEDIATRICS SPECIALTY GROUP 2016-2017

*Ms. Nerita N.C. CHAN*

## Education Activities:

| Course Code | Date                                             | Topic                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------|--------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| P1604       | 12 November, 2016<br>(Saturday)<br>9:30am-5:30pm | <p><b>Introductory Workshop on Blomberg Rhythmic Movement Training (BRMT) for Children with Cerebral Palsy and Special Needs</b></p> <p><b>By Dr. Harald BLOMBERG</b></p> <p><i>Total sign-in participants: 44</i></p> <p>Blomberg Rhythmic Movement Training (BRMT) is a motor training program founded on the natural rhythmic movements of infants. These spontaneous rhythmic infant movements are fundamental to motor, emotional and cognitive development of a child. They stimulate nerve connection in the central nervous system and integrate the primitive and postural reflexes. It is believed that if this spontaneous rhythmic movement stage is missed, the child will have problems in coordination, balance and stability, which can develop both physical and mental problems in adulthood.</p> <p>In this approach, passive and active rhythmic whole body movements are practiced on the child, which provide strong vestibular, proprioception, and tactile stimulation in joints and inner organs to the child. The sensory stimulation provided peripherally will stimulate nerve connection in the central nervous stimulation.</p> <p>Dr. BLOMBERG has shown the audience the theoretical background of his approach and how to apply the BRMT to children with attention deficit disorder/autism or with cerebral palsy. This workshop offered the audience a basic understanding of the BRMT and how it works on children with special needs.</p> |



| Course Code | Date                                          | Topic                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|-------------|-----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| P1605       | 10 December, 2016 (Saturday)<br>9:00am-5:15pm | <p><b>Seating Workshop</b></p> <p><b>By Ms. Hanne ANDERSEN,</b><br/><i>Physiotherapist of R82,<br/>Denmark.</i></p> <p><i>Total sign-in participants: 46</i></p> <p>Optimal positioning is essential for paediatric clients with physical disabilities to improve their mobility, posture, core stability, cardio-pulmonary function and digestion. Proper positioning helps to prevent secondary orthopaedic deformities of the limbs and spine, and relax the spastic muscles. Appropriate prescription of positioning equipment enhances the quality of life, not just to the young clients but to their care-givers and families too.</p> <p>In this workshop, Hanne has reminded us the importance of good alignment of our body to postural control and breathing, based on the theories of segmental trunk control (Butler and Major 1992) and the relationship of airway control with postural stability (Massery 2011). Hanne has also reinforced the idea of 24-hour positioning using various equipment. Throughout the workshop, Hanne and the team from Justmed showed us various products from R82 to achieve the goals of optimal positioning in sitting, standing, and walking for our clients.</p> <p>The attendants appreciated the workshop consisting of both theoretical and practical components and their knowledge on existing positioning equipment has also been updated after the workshop.</p> <div>    </div> |

## Course Code

## Date

## Topic

**Paediatric Respiratory Certificate Course****Module 4 - Workshop on Airway Clearance Techniques and Exercise****By Ms. Horsanna CHIU (PT UCH)****Ms. Maria CHEUNG (PT HKCH/PMH)****Ms. Yuen-bing HO (PT HKCH/ PMH)***Total sign-in participants: 35*

P1701

1 April, 2017  
(Saturday)  
2:00-6:00pm

The workshop “Airway Clearance Techniques and Exercise” is the 4<sup>th</sup> session of the Paediatric Respiratory Certificate Course organized by the Paediatric Specialty Group. We are very privileged to have experienced physiotherapists, Ms. Horsanna CHIU from the United Christian Hospital, Ms. Maria CHEUNG and Ms. Yuen-bing HO from the Hong Kong Children Hospital to share with us updated skills, knowledge, clinical application of airway clearance techniques and paediatric exercise testing. On top of theory and knowledge sharing, we arranged practical session for participants to use various airway clearance devices, including the most advanced equipment like mechanical insufflation/exsufflation machine and high-frequency chest wall oscillation machine. There was also practicum on clinical maximal and sub-maximal exercise tests using simple equipment like heart rate monitor, step platform and treadmill to perform standardized protocols. This workshop was an ambitious attempt to cover a wide spectrum of physiotherapy practice in airway clearance and cardiopulmonary exercise testing. We hope the workshop helps to consolidate our practice in various clinical settings for optimal patients’ benefits.





| Course Code | Date                                      | Topic                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|-------------|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| P1702       | 8 July, 2017<br>(Saturday)<br>2:00-5.30pm | <p><b>Workshop on Paediatric Vestibular Rehabilitation</b></p> <p><b>By Ms. Tracy CHEN,</b><br/><i>Senior Physiotherapist, Kowloon Hospital</i></p> <p><b>Ms. Olivia FAN,</b><br/><i>Physiotherapist I, Yung Fung Shee Memorial Centre</i></p> <p><i>Total sign-in participants: 32</i></p> <p>Sensory motor testing is part of the assessment that physiotherapists would conduct on children with developmental delay, especially those with developmental coordination disorders. Among the sensory-motor assessment, vestibular assessment always appears to be very challenging, partly due to the lack of training in this area for physiotherapists.</p> <p>In this workshop, Tracy and Olivia reminded all the participants that with a good and thorough vestibular assessment, it is possible to tease out the underlying causes of the developmental delay for our clients with confidence. All the participants had a chance to revise the knowledge on the vestibular system and how it relates to motor control. The participants were able to practise how to conduct the vestibular assessment on each other. Because of the limited time in this workshop, the participants would like to have more similar workshops in the future, focusing on the rehabilitation on children with vestibular disorders.</p> |
|             |                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|             |                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

## Publicity Activities

**16 October 2016** 52<sup>th</sup> Healthy Children Competition



**16 October 2016** Educational Talk on Healthy Children Competition

題目：培養健康活力新一代  
講者：姚劉佩香女士  
香港物理治療學會兒科專研組執委



## Publicity Activities

**22-23  
October  
2016**

Hong Kong Paediatric  
Foundation Summit on  
Childhood Obesity in Chinese  
Speaking Communities

Deliver educational talk on  
“Alarming Childhood Obesity and Review on Physiotherapy  
Weight Management Program”





## Publicity Activities

**4 April 2017** HKPA Booth on Paediatric Respiratory Assessment

香港兒童呼吸及過敏學會

Hong Kong Society of Paediatric Respirirolgy and Allergy





*Paediatrics Specialty Group executive committee members*





## ANNUAL REPORT OF SPORTS SPECIALTY GROUP 2016-2017

*Mr. Alex H.Y. HO*

Being a physiotherapist focusing in sports performance enhancement and rehabilitation management, the satisfaction in helping injured athletes returning to sports is incredible. This motivates all our executive committee members to work devotedly in the development of sports physiotherapy in the community. Last year, we continued in on-field support.

Oxfam Trailwalker is one of our major yearly events. We also worked closely with different sports associations and teams such as orienteering and post-transplant athletes. We targeted not only elite players, but we also cared for different level of sports participants. In the future, we aim at promoting our services to everyone in needs in the community. Next year it will be a great year for professional development. Stay tuned and look forward to our education programmes.

### Activity Highlights:

#### On-field Supporting Service

*March 2016 - July 2017*

#### On-field Support for Orienteering Association of Hong Kong (OAHK) 2016-2017



We provided services for orienteering events, including pre- and post-event injury management.

*8 - 9 October 2016*

#### Convoy TOTEM Run 2017



The 4<sup>th</sup> annual charity trail run from RunOurCity, CONVOY TOTEM RUN 2017 focused on supporting the youth for their life-changing, and the advocacy of Green Event to reduce the production of waste by changing the city lifestyle. This was the second time that SSG provided support in the event.



18 - 20 November 2016

### On-field Support for Oxfam Trailwalker 2016 (shift I – V)



Physiotherapists did not only provide treatments to trailwalkers but also provide clinical sharing to physiotherapy students and junior staff.

Detailed assessments were conducted before making diagnoses and treatments.

15 January 2017

### I-Run Hong Kong Jockey Club Special Marathon 2017



This was the marathon designed for mentally disabled runners by Tung Wah Group Hospitals. Our SSG committees provided on-field physiotherapy support for the participants and we all enjoyed the satisfaction of facilitating the participants to complete the game.

28 - 29 May 2016

### Jockey Club Homeless World Cup (HK) Fund-raising Tournament cum 2016 Hong Kong International Street Soccer Invitation



SSG was invited by the WOFOO Social Enterprises and Society for Community Organization to provide on-field physiotherapy support to homeless soccer players from different countries for the Jockey Club Homeless World Cup (HK) Fund-raising Tournament cum 2017 Hong Kong International Street Soccer Invitation. This was the 12th times Hong Kong team joined the Homeless World Cup.

27 June - 9 July 2017

**World Orienteering Championship 2017, Tartu, Estonia**

The game went beyond the boundaries of race. Every orienteer strived with their physical fitness, navigational skill and concentration to win the competition. From the city bustling with noise, to the forest with calmness and peace, athletes needed to get all the points to finish the race in Tartu, Estonia. Our Hong Kong team, 8 orienteers with one heart, regardless of thunderstorm, heavy rain, frigidity or torridity, tried their very best to endeavor for excellence! This time Ms. Nicole TAI joined us to support the team.

25 June - 1 July 2017

**XXI World Transplant Games Málaga, Spain**

Sports Specialty Group has been invited to provide overseas on-field support to World Transplants Games since 2007. The participants were transplanted athletes including recipients of kidney, lung, bone marrow, liver and heart. This is the first year to allow donors to participate in this event. There were 52 countries participated in the games. The overall ranking and Asia ranking of Hong Kong Team were 18th and 2nd respectively. There were 18 athletes obtained good results of 7 gold, 2 silver and 5 bronze medals. They have showed the spirit of sportsmanship and more importantly, promoted the message of organ donation. This was a very meaningful event for every physiotherapist to join. We have provided exercise testing in Hong Kong, on-site coaching, stretching classes, acute management on the field and set up a physiotherapy night clinic to cater the injured athletes during and after the games.



23 July - 27 July 2017

### 9<sup>th</sup> World Shuttlecock Championships, Hong Kong



Sports Specialty Group was invited to provide on-field physiotherapy service to the event from 23 to 27 July 2017. There were 12 countries participated in the championships. Hong Kong Team has won 4 bronze medals in different events, including Men's Team, Women's Team, Mixed Double and Men's Single. Hong Kong Team was the 2<sup>nd</sup> runner up in overall ranking. All the participants have showed the spirit of sportsmanship.



Back row: Indy HO, Willis CHAN, Ivan AU, Alex HO, Lylon LAI, Alex CHAN  
Front row: Yuki WONG, Cynthia SUNG, Cora CHEUNG, Shirley LEE, Monika LAU  
(From left to right)



# ANNUAL REPORT OF WOMEN'S HEALTH SPECIALTY GROUP 2016-2017

*Ms. Brigitte K.Y. FUNG*

The activity organized in 2016-2017 is listed in the following table:

| Date                 | Activities                                                | Speakers                                                                                          |
|----------------------|-----------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| 9/4/2017 – 14/4/2017 | The Full Complete Decongestive Therapy Certificate Course | Ms. Joy COHN<br>Mr. Nathan BRIDGEMAN<br>Instructor of the Norton School of Lymphatic Therapy, USA |

It is our pleasure to liaise with Department of Rehabilitation Science of Hong Kong Polytechnic University for organizing courses together. It was the first co-joint course, which our participants can be awarded as a Certified Therapist in Complete Decongestive Therapy by Norton School of USA. Congratulations to all candidates and heartfelt thanks to all the hard work of our team members in organizing this 9-day course.



*"Lymphedema Management" conducted by Ms. Joy COHN and Mr. Nathan BRIDGEMAN, Instructors of the Norton School of Lymphatic Therapy, USA.*



*Executive committee members (2016-2017)*





## ANNUAL REPORT OF REHABILITATION TECHNOLOGY SPECIALTY GROUP 2016-2017

*Dr. Amy FU*

The Rehabilitation Technology (formerly named Electrotherapy) Specialty Group conducted a comprehensive and intensive ultrasound course for physiotherapists during the reporting period. There were a total of 22 participants from different sectors. Majority (72.7%) of the participants were working in public and private hospitals, while about 9% were from the private sector. One participant was from a teaching institute. The topics covered were centered around the theory and practical sides on the role of ultrasound in the hands of the physiotherapist as an extension of our clinical assessment.

Despite the course were packed, the tutors were impressed with participants' enthusiasm. Lots of discussion and sharing were conducted on how to identify the structures and how to use this added information in their practice. Evaluation on the course was conducted by self-administrated questionnaire. Suggestions / requests on further advanced course were received.

Collaboration with the Department of Rehabilitation Sciences on the use of cadavers for practices and future ultrasound courses is the next step forward.

